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# Multi-wavelength observations of neutron stars to constrain their mass and radius

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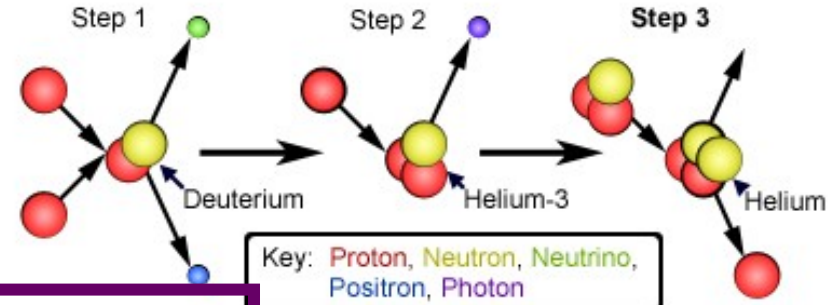


# Plan

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- 1) The formation of neutron stars
- 2) Properties of neutron stars
- 3) Neutron star interiors
- 4) Neutron star equation of state
- 5) Determining the mass and radius of neutron stars
  - Optical observations : Keplers laws
  - Radio observations : Post-Keplerian parameters
  - X-ray observations : Quasi periodic oscillations
  - X-ray observations : Thermonuclear bursts
  - X-ray observations : Thermal radiation
  - Gravitational waves

# Neutron star formation



$$E=mc^2$$

© 1997, 2001-2003 Stuart J. Robbins

$${}^1\text{H} = 1.67325 \times 10^{-27} \text{kg}$$

$${}^4\text{He} = 6.645 \times 10^{-27} \text{kg}$$

Mass difference

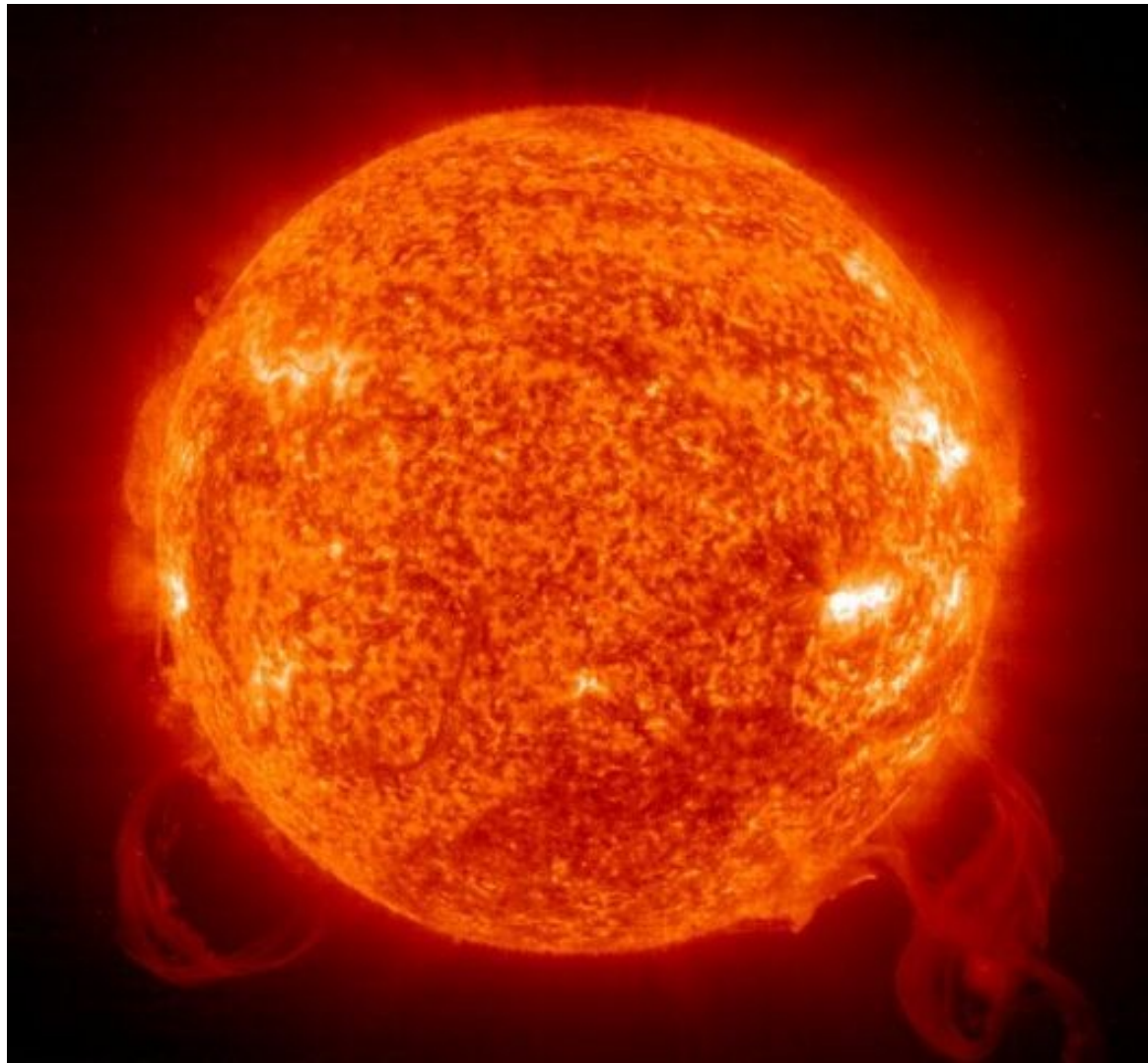
$$= 0.048 \times 10^{-27} \text{kg}$$

$$= 4.3 \times 10^{-12} \text{J}$$

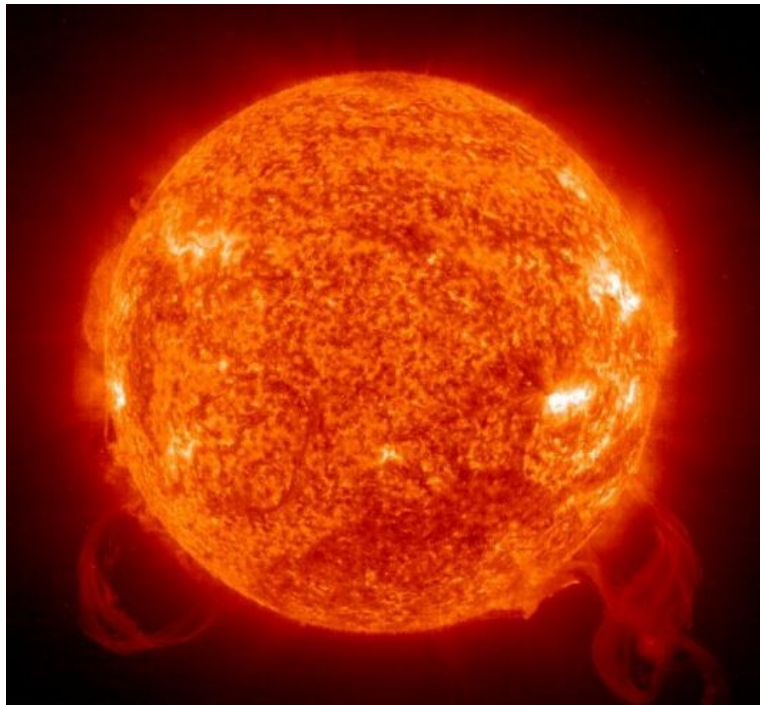
Required temperature  
for fusion :

$$\sim 10^7 \text{ K for } \text{H} \rightarrow \text{He}$$

$$\sim 10^8 \text{ K for } \text{He} \rightarrow \text{C} \dots$$

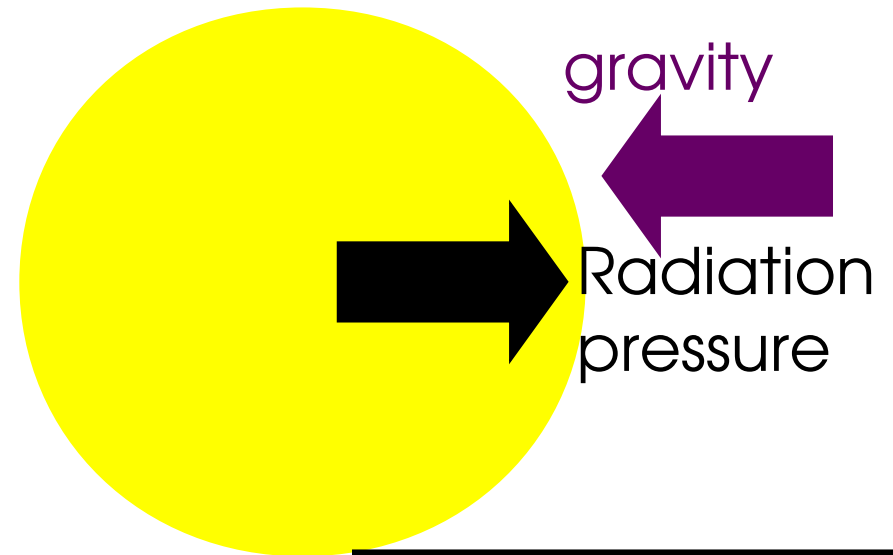


# Neutron star formation



H  $\rightarrow$  He

Hydrostatic  
equilibrium



F = force  
G = gravitational  
constant  
M = mass  
R = radius  
A = area

For an ideal gas,

$$PV = kNT$$

and

$$F = \frac{G M_1 M_2}{R^2}$$

P = pressure  
k = Boltzmann  
constant  
N = number of  
particles  
T = temperature

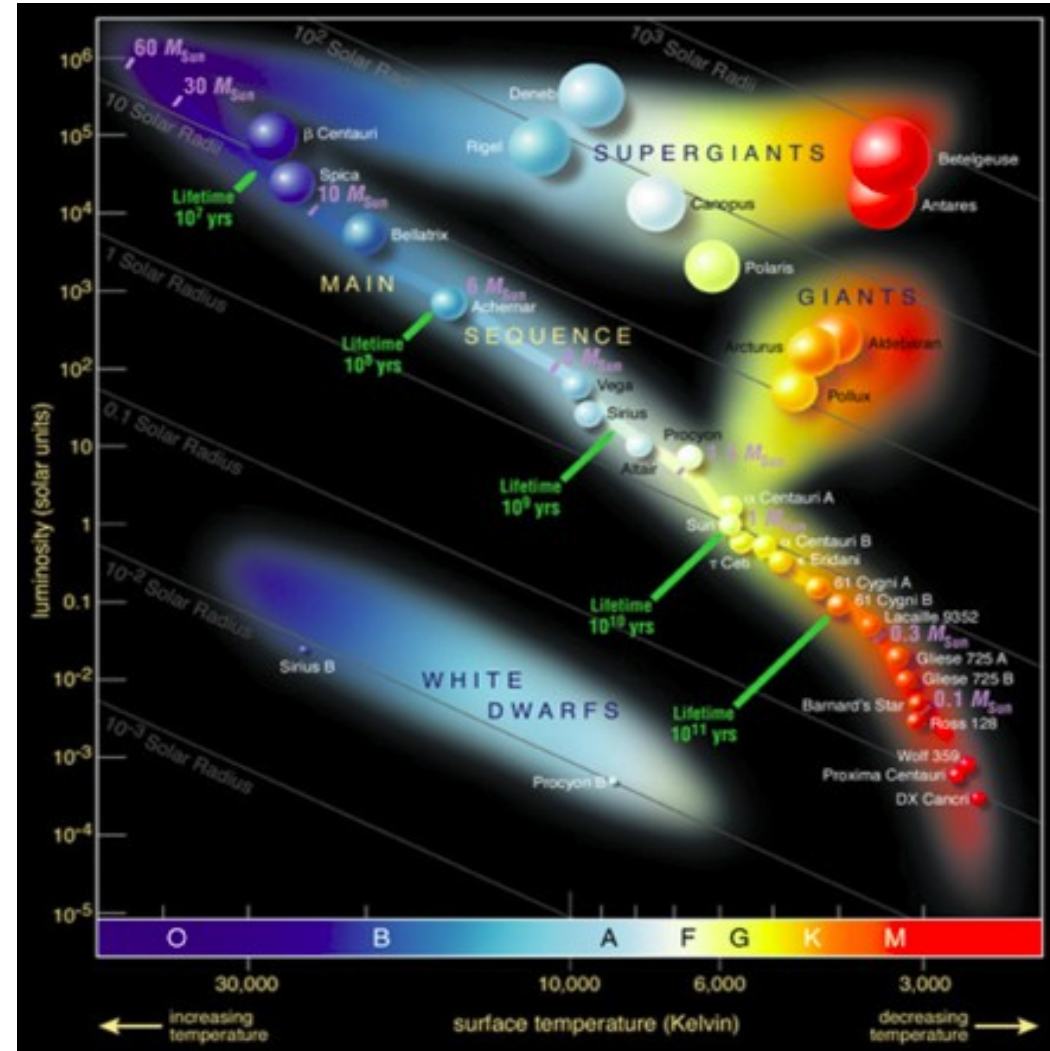
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# Neutron star formation

When  $\sim 10\%$  of the core hydrogen has been used :

- the fusion stops
- force due to gravity exceeds force due to radiation pressure
- star collapses
- central temperature and pressure increase
- if temperature reaches  $\sim 10^8$  K, helium can fuse
- balance is re-established
- star becomes a red giant

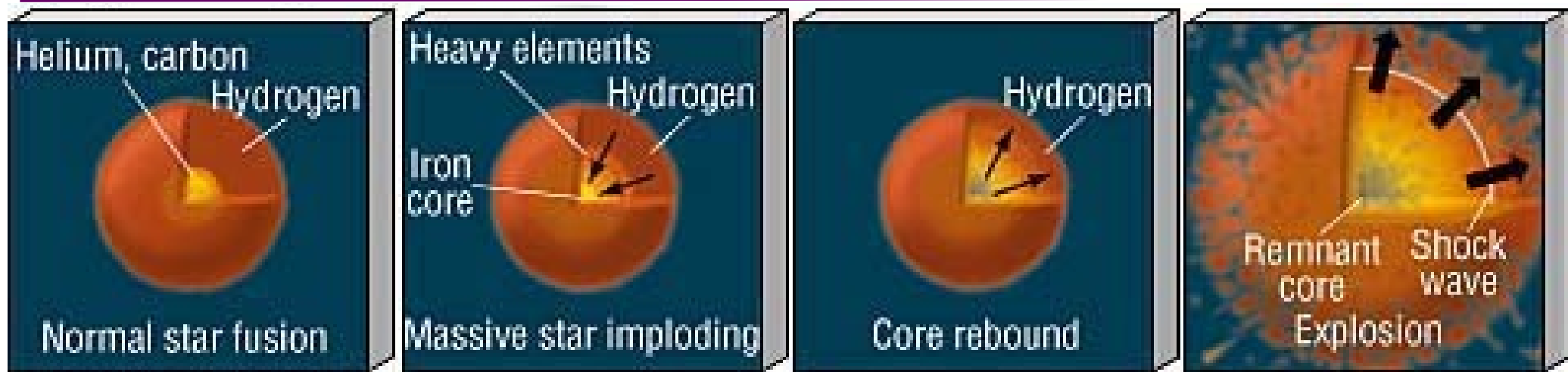


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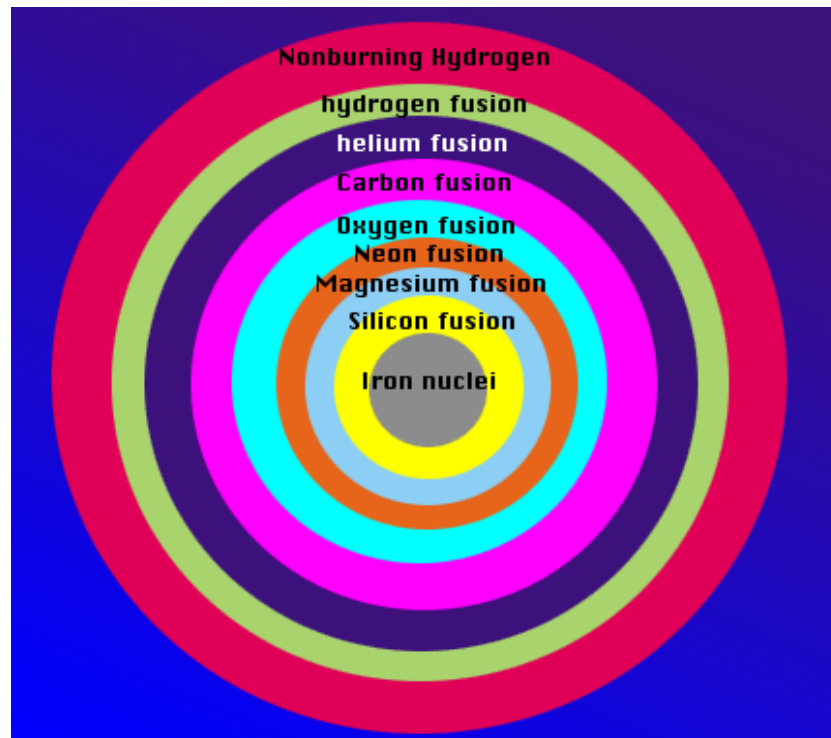
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# Neutron star formation : Stars of $\sim 8-20M_{\text{solar}}$

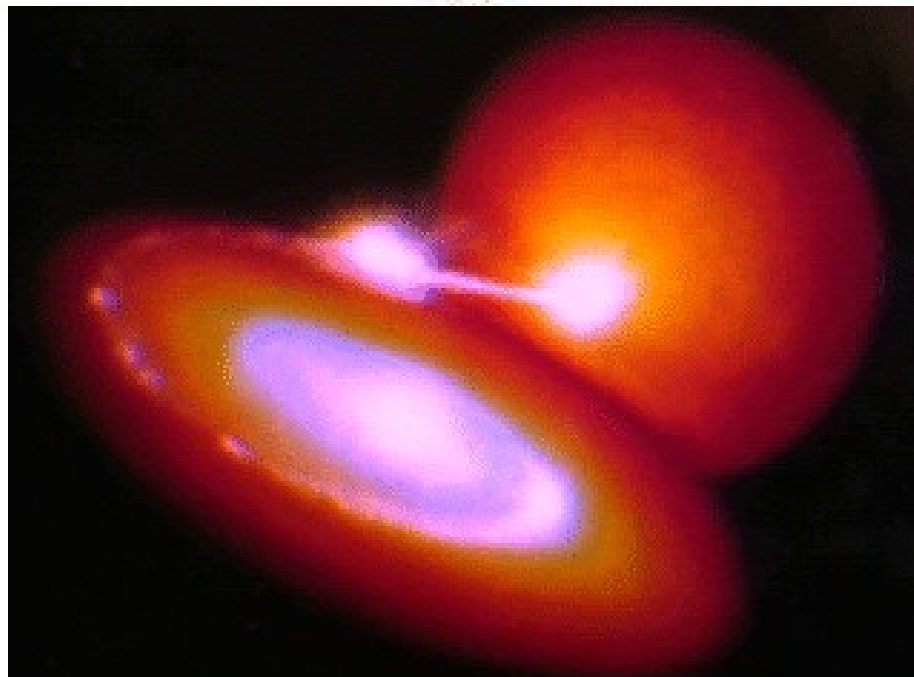
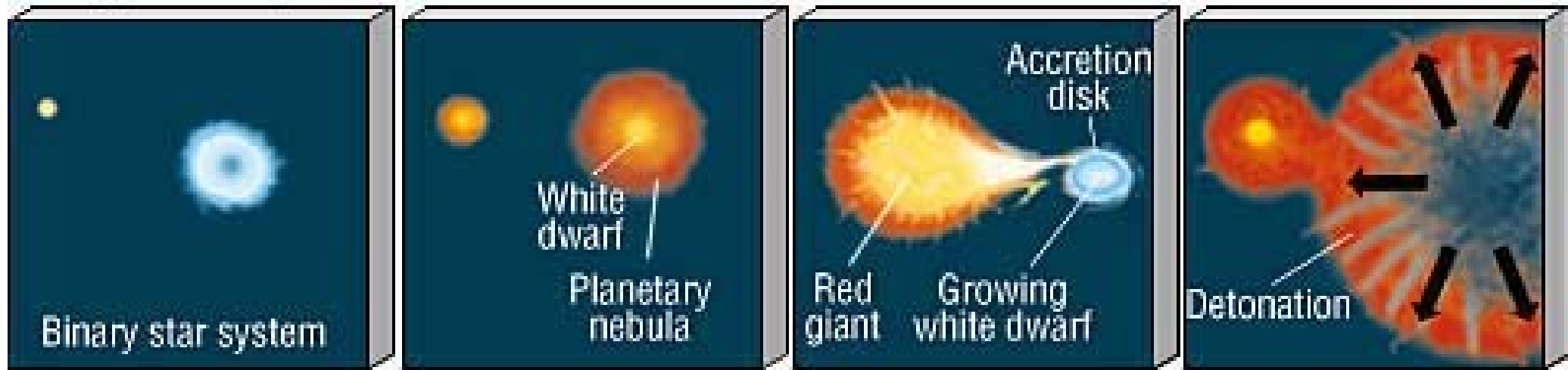


Supernovae  
type II

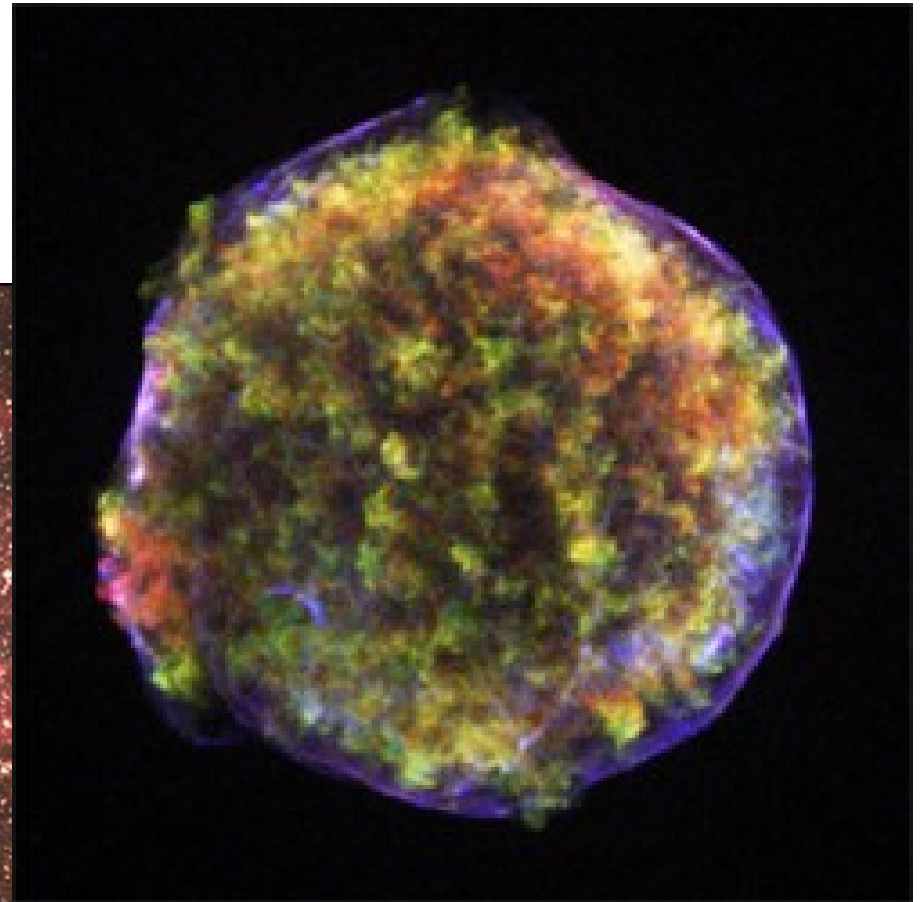
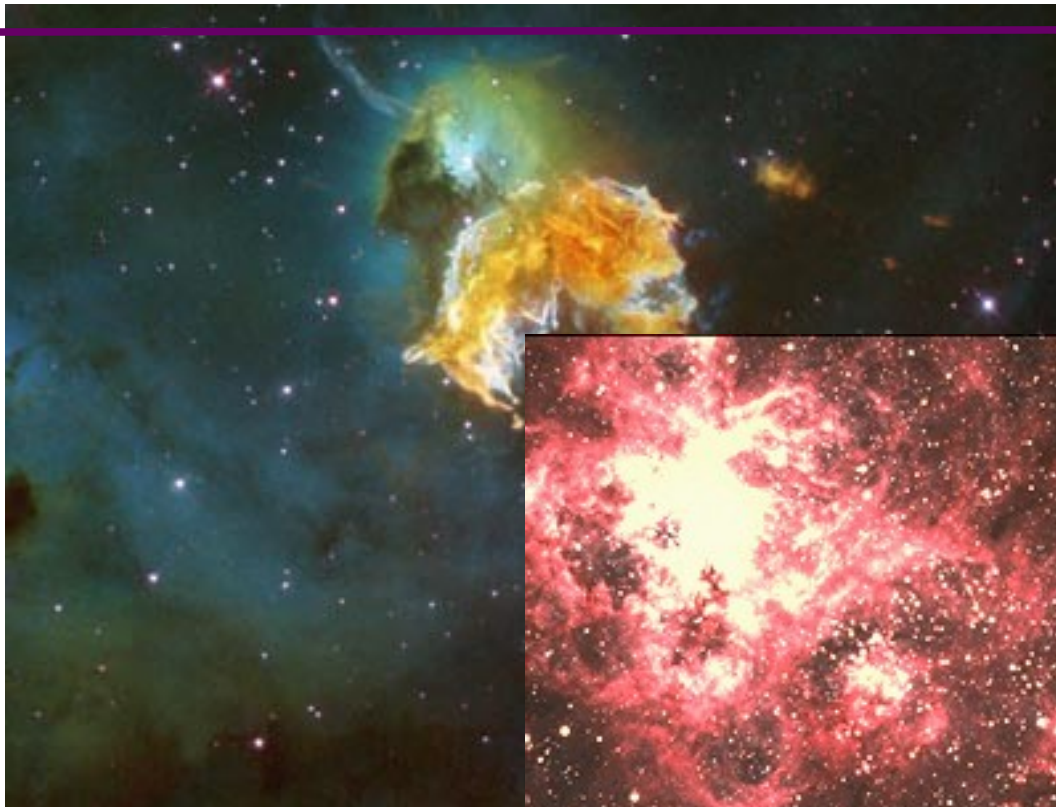


# Neutron star formation

## (a) Type- I Supernova



# Neutron star formation



## Supernova remnants

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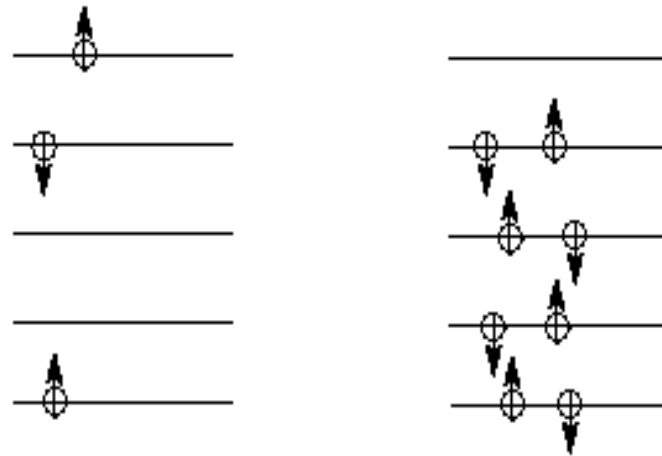
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# Neutron star formation

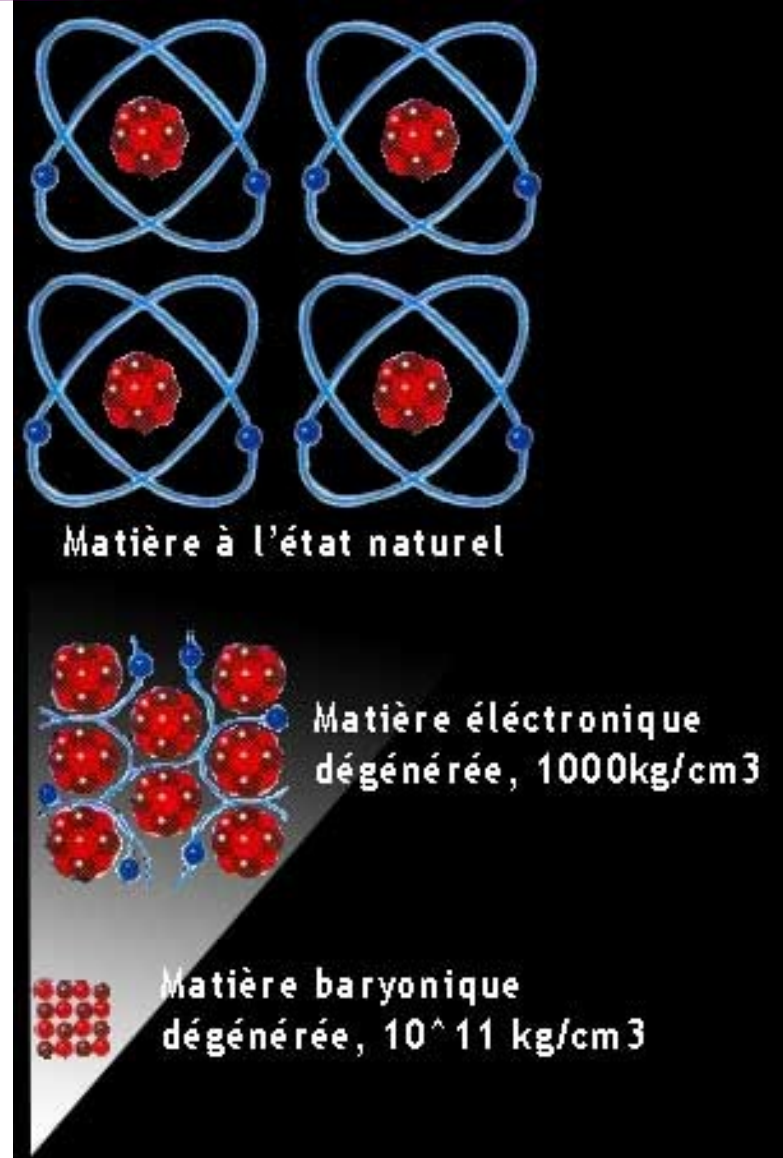
Because of the Pauli exclusion principle, which states that two electrons, or more generally two fermions, can not be in the same quantum state, the collapse of the nucleus is halted.

Successive shells of electrons are filled and the gas becomes degenerate



The electrons obey the Heisenberg uncertainty principle, so  $\Delta p \Delta x \geq \hbar$

The momentum for each electron is then  $p \sim \Delta p \sim \hbar / \Delta x$



# Neutron star formation

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If the electron density is  $n_e$ , the electron separation is  $\Delta x \sim n_e^{-1/3}$ , so the momentum for each electron is :

$$p \sim \hbar n_e^{1/3}$$

Rewriting pressure as a function of momentum ( $p$ ), and using the fact that kinetic energy is :

$0.5mv^2 = 1.5 NkT$  for an ideal gas

$$\Rightarrow 0.333 mv^2 = NkT \quad \text{and} \quad P = NkT/V \quad \text{et} \quad p=mv$$

$$\Rightarrow 0.333 pv/V = P \quad \text{and} \quad n_e \sim V^{-1}$$

$$\Rightarrow 0.333 n_e pv = P$$

where

$$P = \frac{1}{3} n_e pv = \frac{1}{3} n_e p \left( \frac{p}{m_e} \right)$$

# Neutron star formation

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So the pressure is given by :

$$P = \frac{1}{3} n_e p v = \frac{1}{3} n_e p \left( \frac{p}{m_e} \right)$$

Using

$$p \sim \hbar n_e^{1/3}$$

$$\longrightarrow P = \frac{1}{3} n_e (\hbar n_e^{1/3}) \left( \frac{\hbar n_e^{1/3}}{m_e} \right) \sim n_e^{5/3} \sim \rho^{5/3}$$

So for a degenerate gas,  $P \sim \rho^{5/3}$

# Neutron star formation

If the electron speed approaches the speed of light :

$$P = \frac{1}{3} n_e (\hbar n_e^{1/3}) c \sim n_e^{4/3} \sim \rho^{4/3}$$

The relativistic case is then :

$$P_c \simeq P_{e,rel}$$

$$\rho^2 R^2 \sim \rho^{4/3}$$

$$R^2 \sim \rho^{-2/3}$$

$$R^2 \sim \frac{M^{-2/3}}{R^{-2}}$$

$$1 \sim M^{-1/3}$$

- The nucleus has a maximum mass of  $1.4 M_{\text{solar}}$
- This mass is called the *Chandrasekhar mass* after Subrahmanyan Chandrasekhar

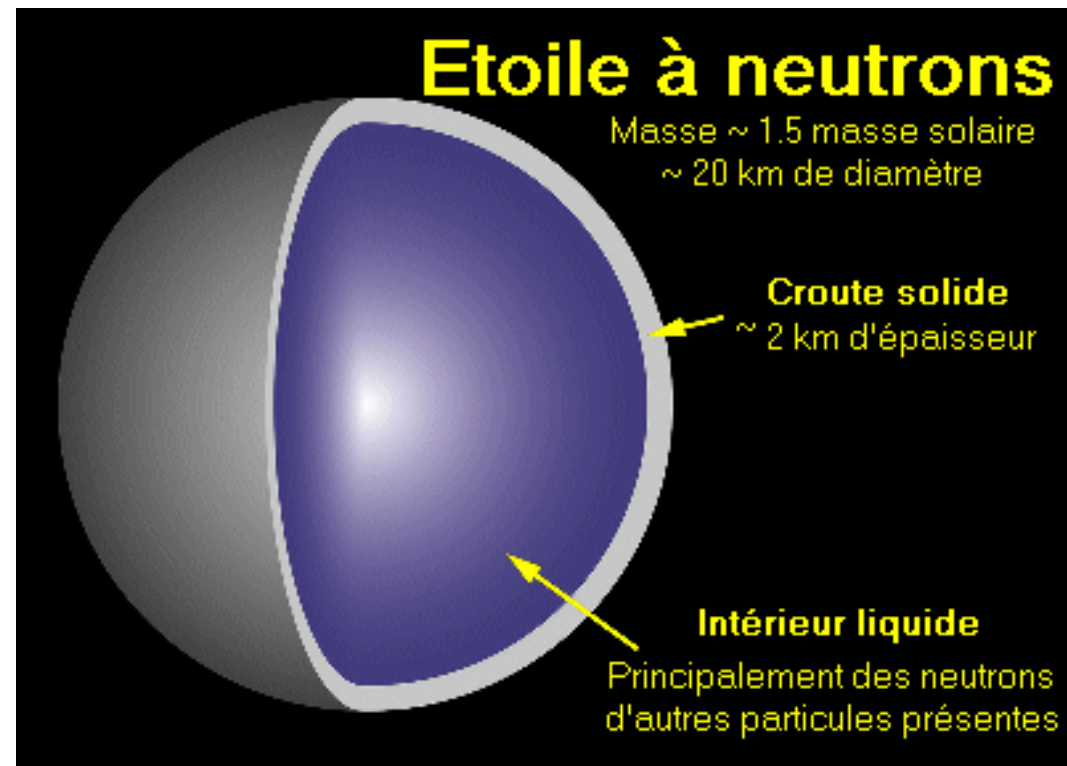
Hydrostatic equilibrium :

$$\frac{dP}{dr} = \frac{-GM\rho}{r^2} = \frac{-G (4/3 \pi r^3 \rho)\rho}{r^2} = -G 4/3 \pi r \rho^2$$

$$P_c = \int_0^R -4/3 G \pi r \rho^2 dr \\ = -2/3 G \pi R^2 \rho^2$$

# Neutron star formation

- For a stellar core  $>1.4 M_{\odot}$ , the matter must be degenerate.
- Electrons can not remain in their orbits and are forced into the atomic nucleus
- The electrons fuse with the protons to form confined neutrons.
- The Pauli exclusion principle makes it impossible to have 2 neutrons in the same quantum state in the same place.
- The force due to gravity is opposed by the force due to the degeneracy pressure of the neutrons (baryonic degeneracy)

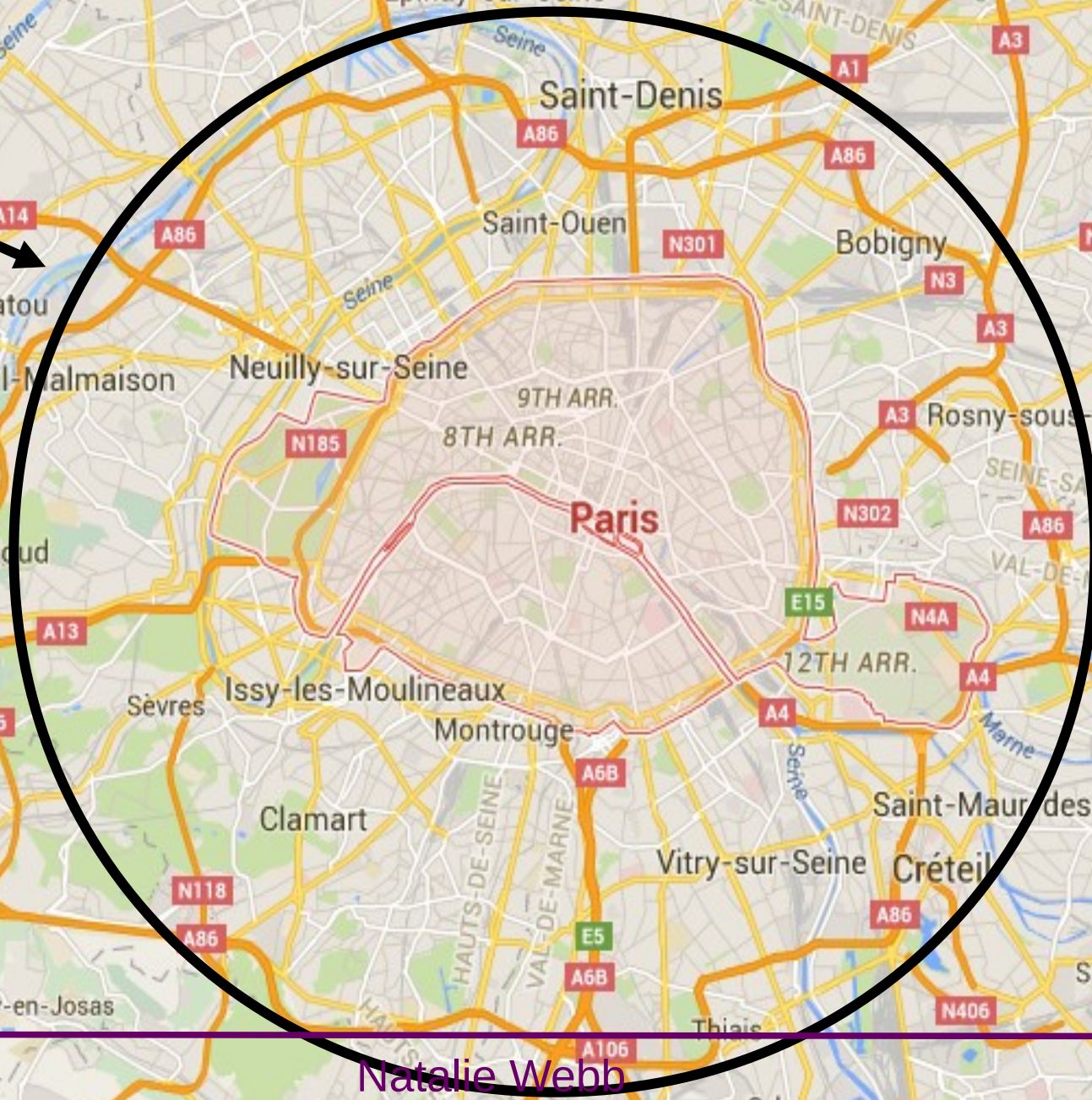




# Neutron star properties

Neutron star

1.4  $M_{\text{solar}}$



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# Neutron star properties

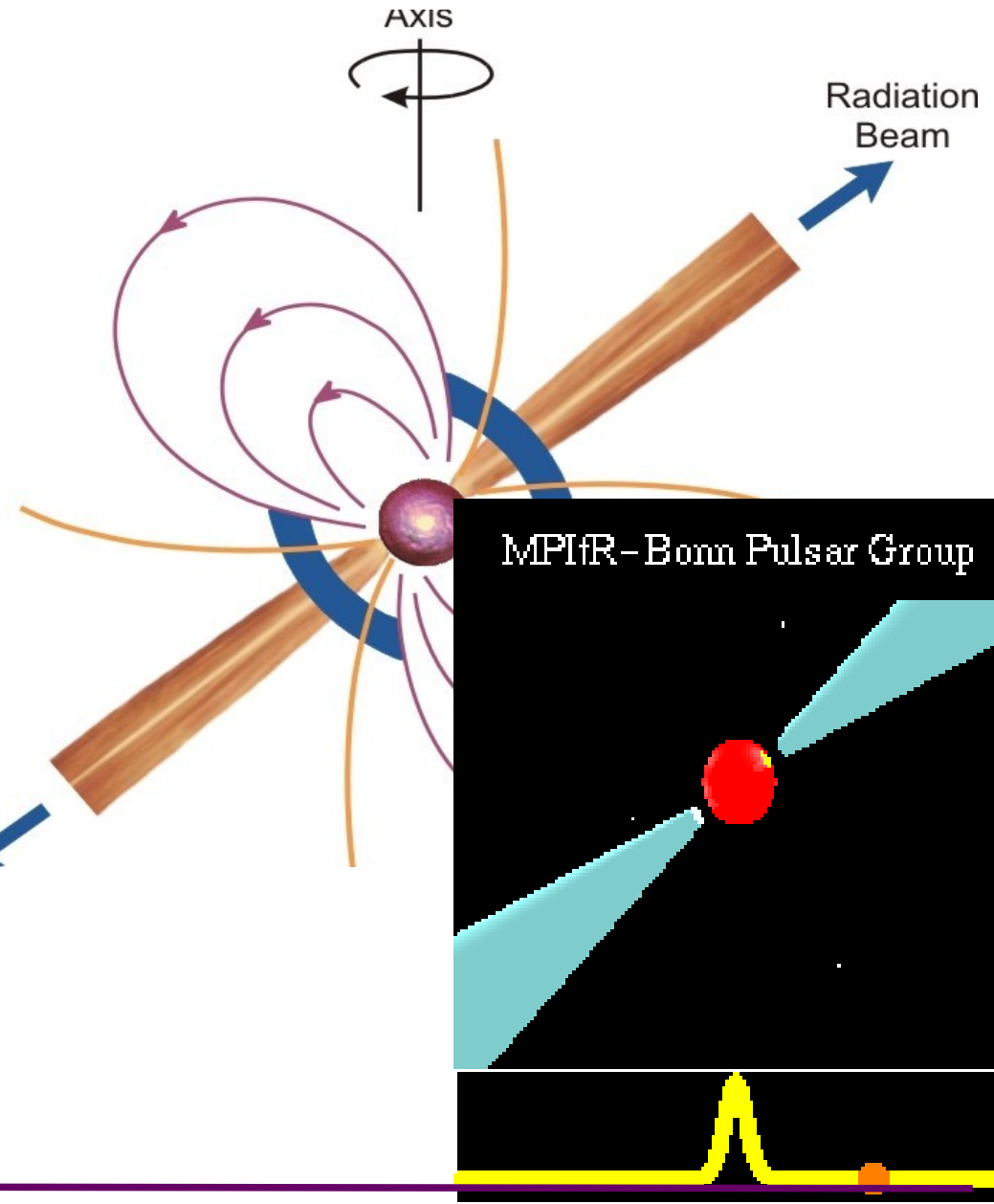
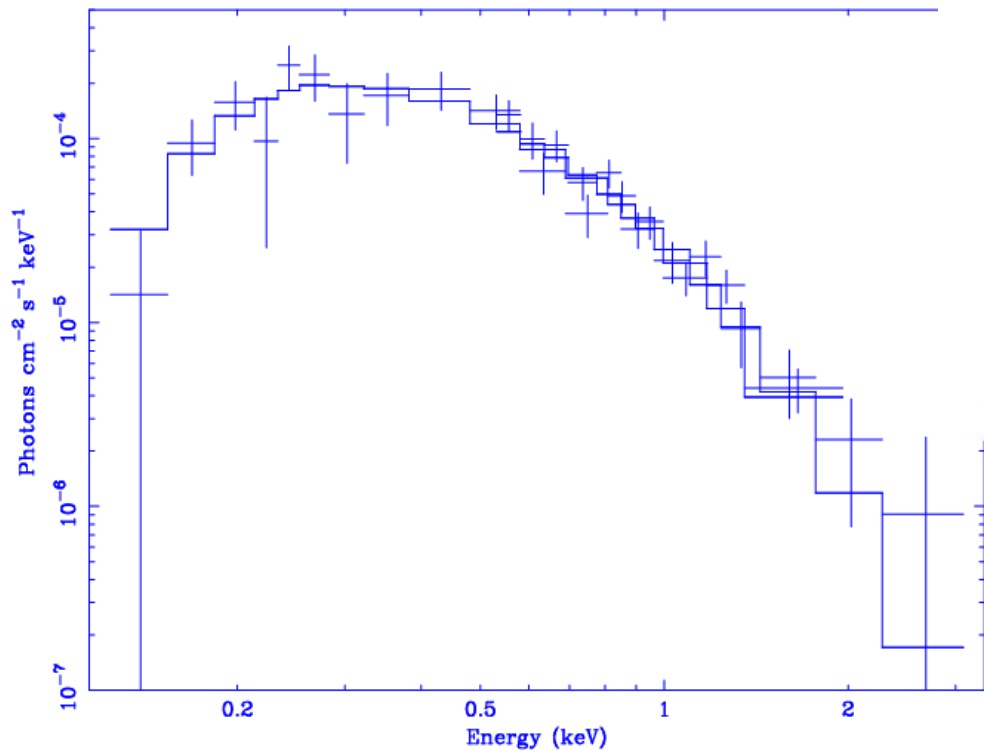
Temperature at birth:

$$\sim 1 \times 10^6 \text{ K}$$

$$\sim 7 \times 10^{-16} \text{ J}$$

$$\sim 4000 \text{ eV}$$

⇒ Thermal X-ray radiation

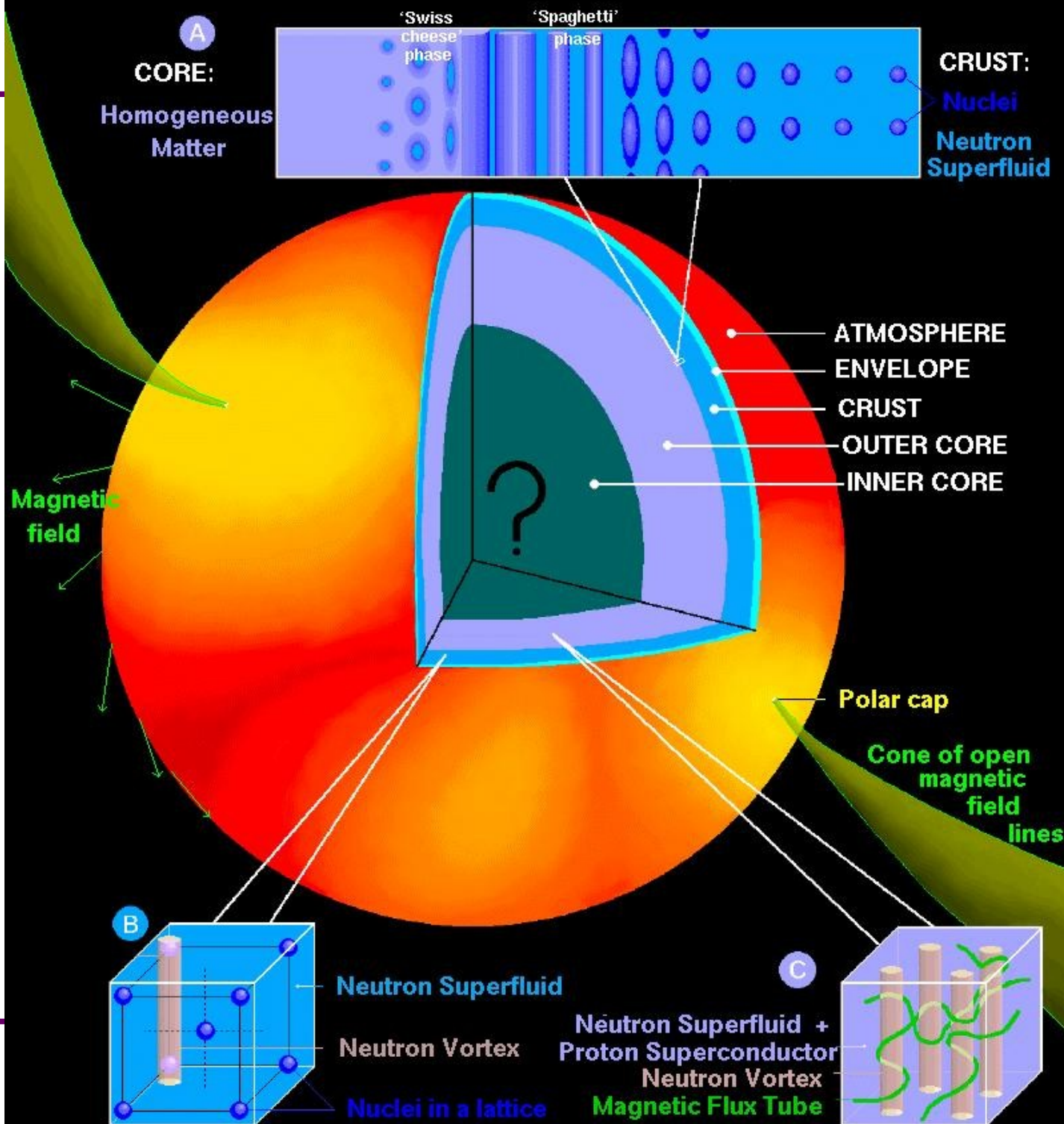


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# A NEUTRON STAR: SURFACE and INTERIOR

Neutron  
star  
interiors



# Neutron star interiors

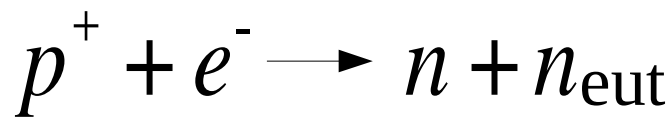
White dwarfs to neutron stars:



No neutronisation

Neutronisation  
of the nuclei

Neutron drip



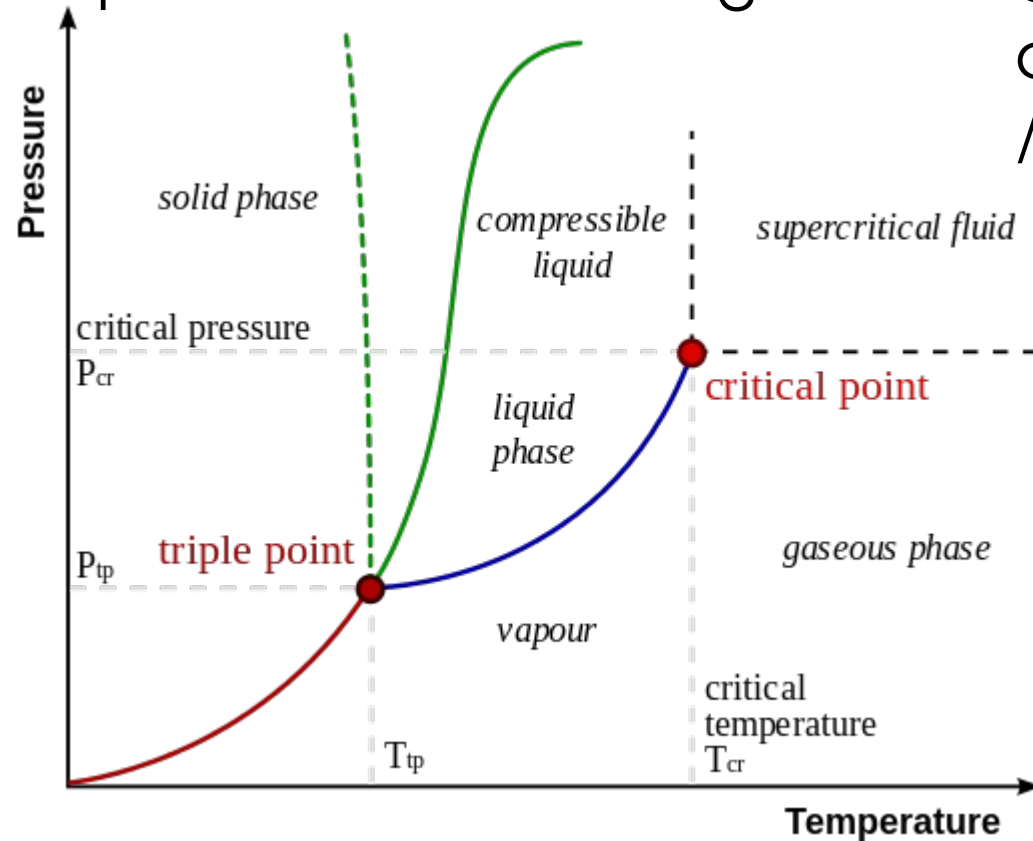
- Provokes catastrophic energy loss from system (absorption and emission of neutrinos)
- Collapse of matter in this regime

- Allows free and stable neutrons
- Stops further collapse

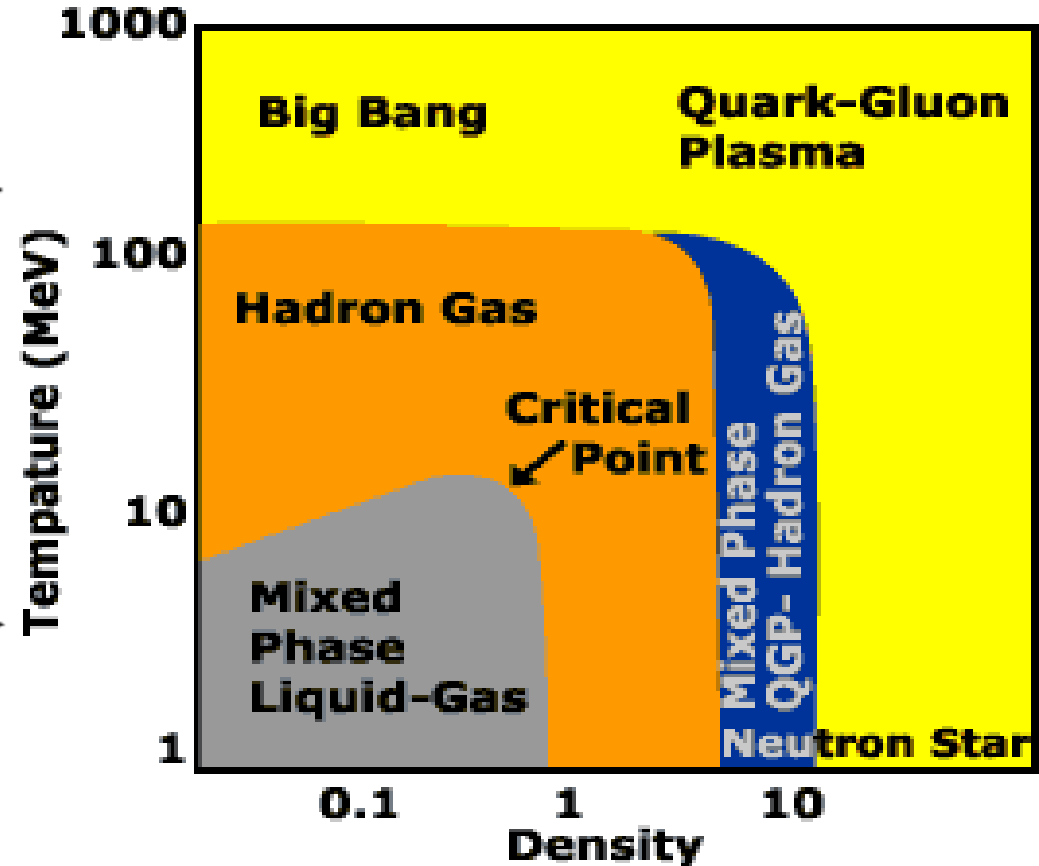
# Neutron star interiors : the equation of state

Equation of state of e.g. water

To determine the equation of state of nuclei we need to explore all temperatures and pressures /densities



By Matthieumarechal, CC BY-SA 3.0





# Neutron star interiors : the equation of state

**PAL - Prakash, Ainsworth & Lattimer (1988)**

Neutrons + protons  
using a schematic  
potential

**SQM - Prakash, Cooke & Lattimer (1995)**

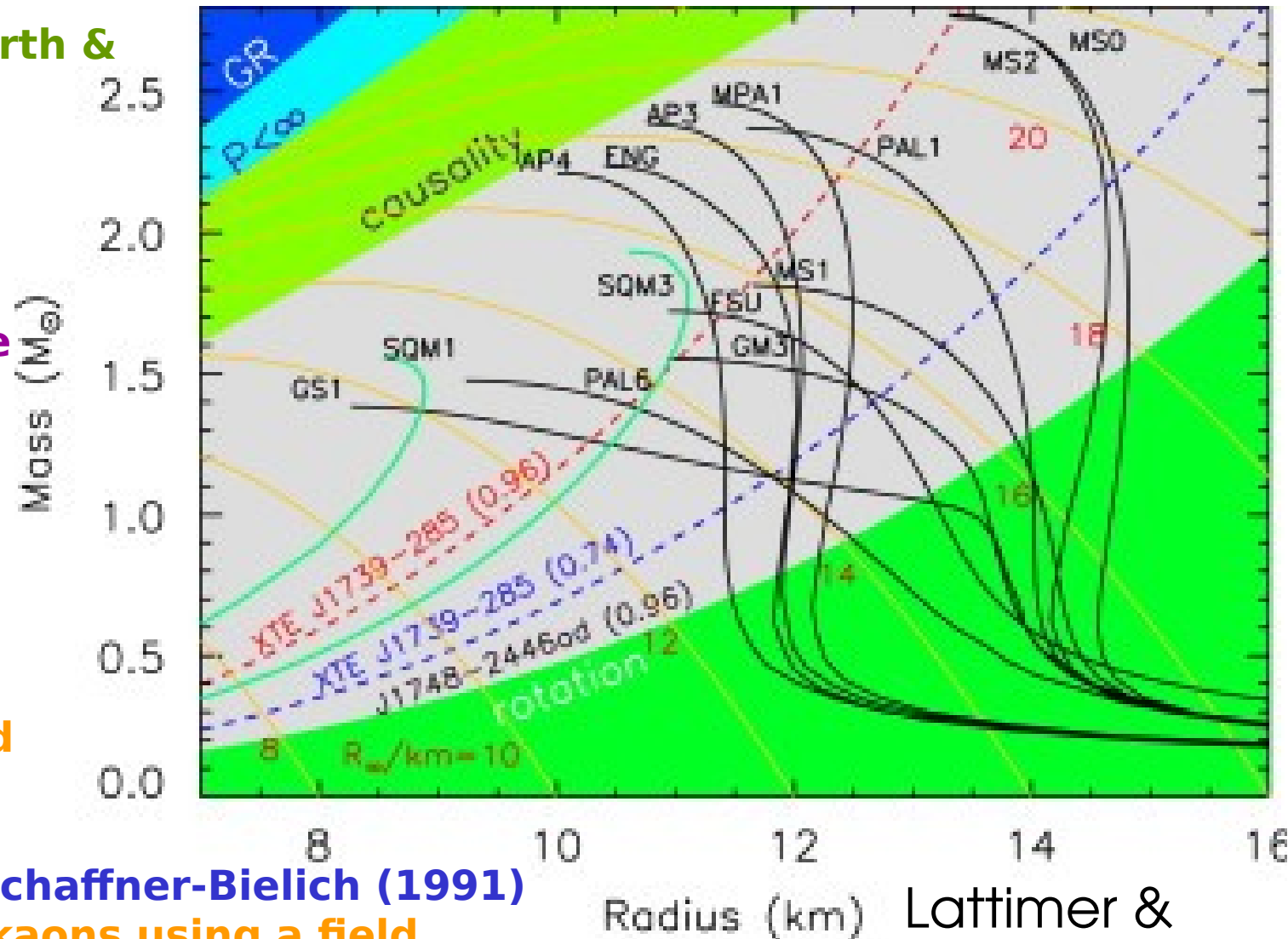
Strange Quark  
Matter model

**GM - Glendenning & Moszkowski (1991)**

Neutrons, protons +  
hyperons using a field  
theoretical approach

**GS - Glendenning & Schaffner-Bielich (1991)**

Neutrons, protons + kaons using a field  
theoretical approach



Lattimer &  
Prakash (2007)

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# Neutron star interiors : the equation of state

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To determine the neutron star equation of state, we need to know its mass and radius.

Mesuring the radius of a neutron star is comparable to measuring :

- A) the height of the Eiffel Tower from London
- B) the height of a house in the USA from France
- C) the width of a hair on the moon

# Neutron star interiors : the equation of state

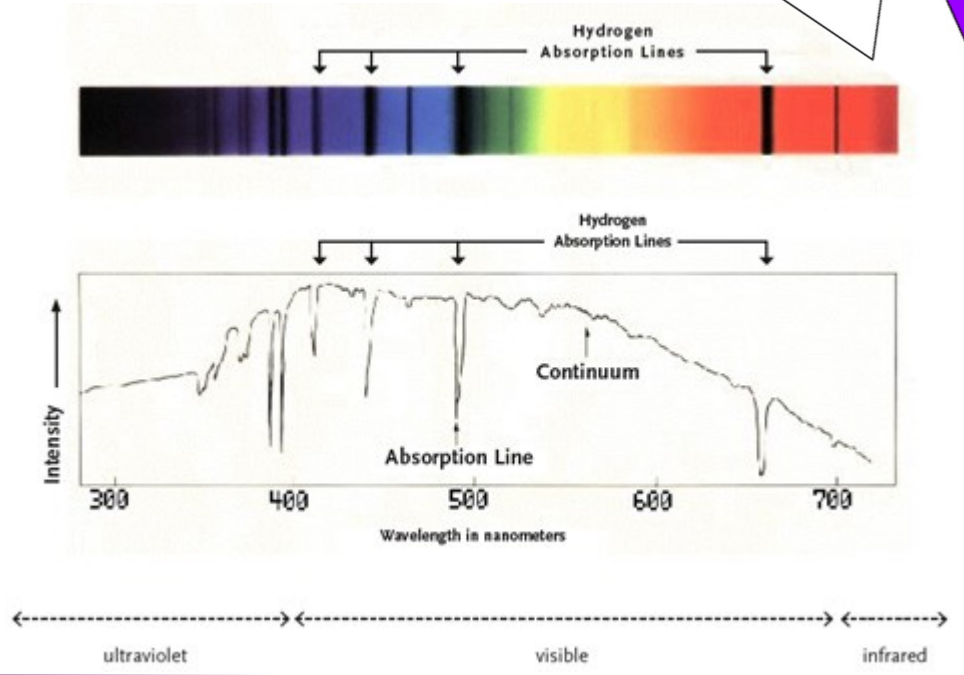
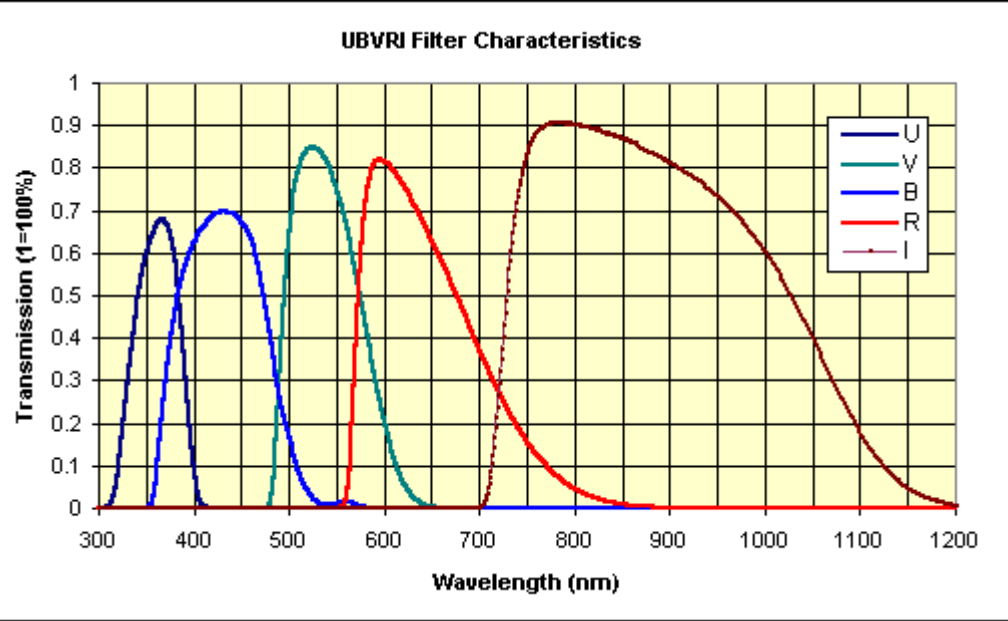
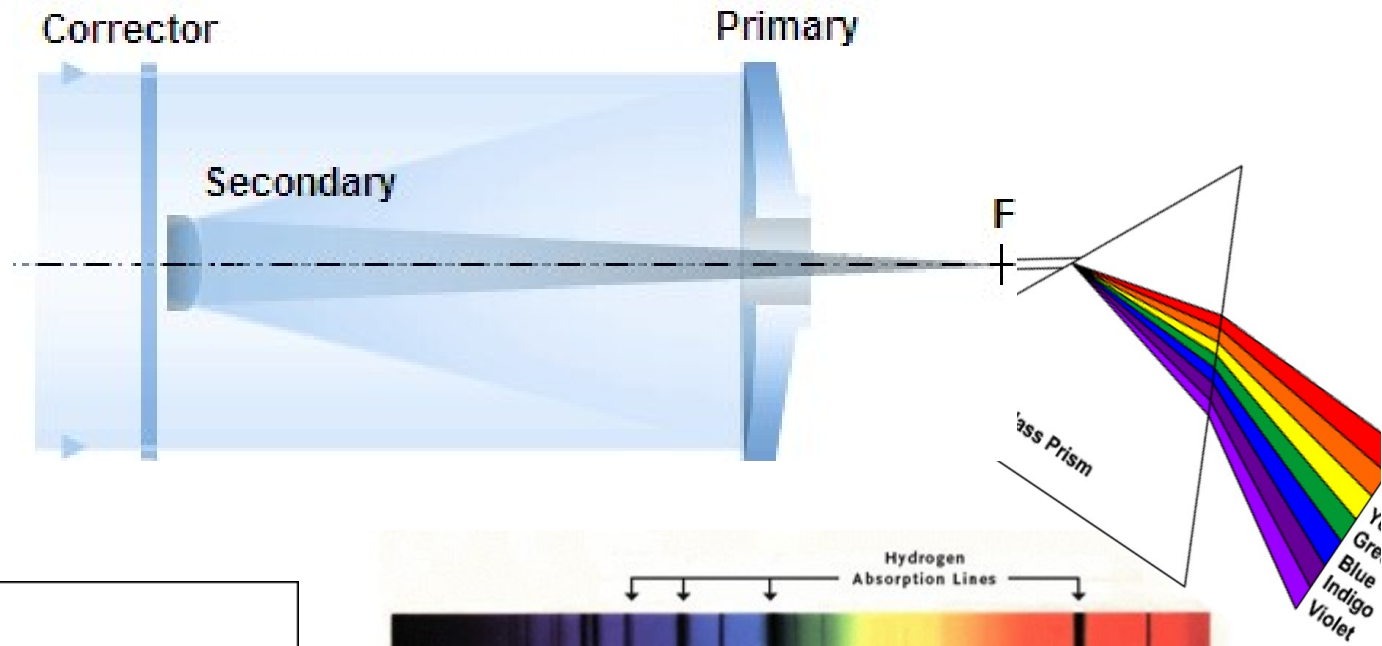
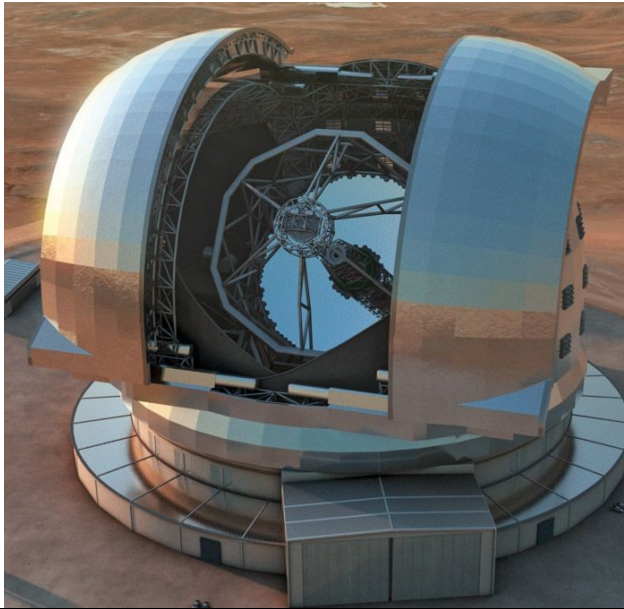
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To determine the neutron star equation of state, we need to know its mass and radius.

Mesuring the radius of a neutron star is comparable to measuring :

C) the width of a hair on the moon

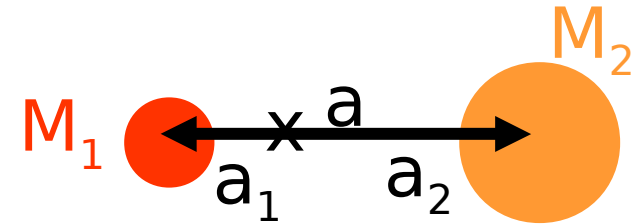
# Neutron star interiors : optical observations



# Neutron star interiors : determining the mass

Considering two stars in a binary (1 et 2)  
as point like :

The force exerted on each star is equal :



$$|M_1 a_1| = |M_2 a_2| \quad \text{et} \quad \frac{|a_1|}{|a|} = \frac{|M_2|}{|M_1 + M_2|} \quad (a = a_1 + a_2)$$

Taking into account the inclination of the system:

$$(a_1 \sin i)^3 = \frac{M_2^3 a^3 \sin^3 i}{(M_1 + M_2)^3}$$

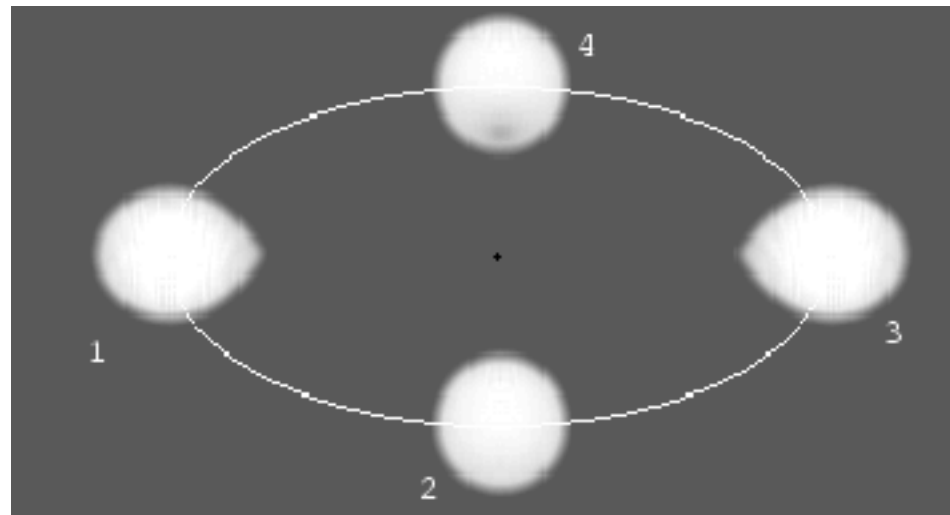
And using Kepler's 3<sup>rd</sup> law :

$$\frac{4\pi^2 a^3}{P^2} = G(M_1 + M_2) \quad (a_1 \sin i)^3 = \frac{M_2^3 G P^2 \sin^3 i}{4\pi^2 (M_1 + M_2)^2}$$

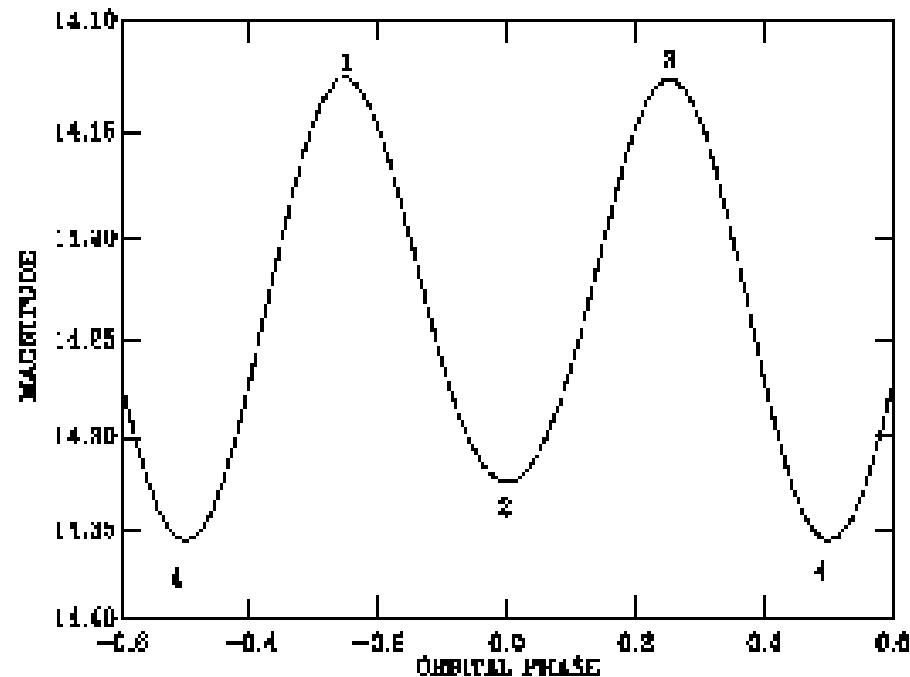


# Neutron star interiors

Ellipsoidal modulation



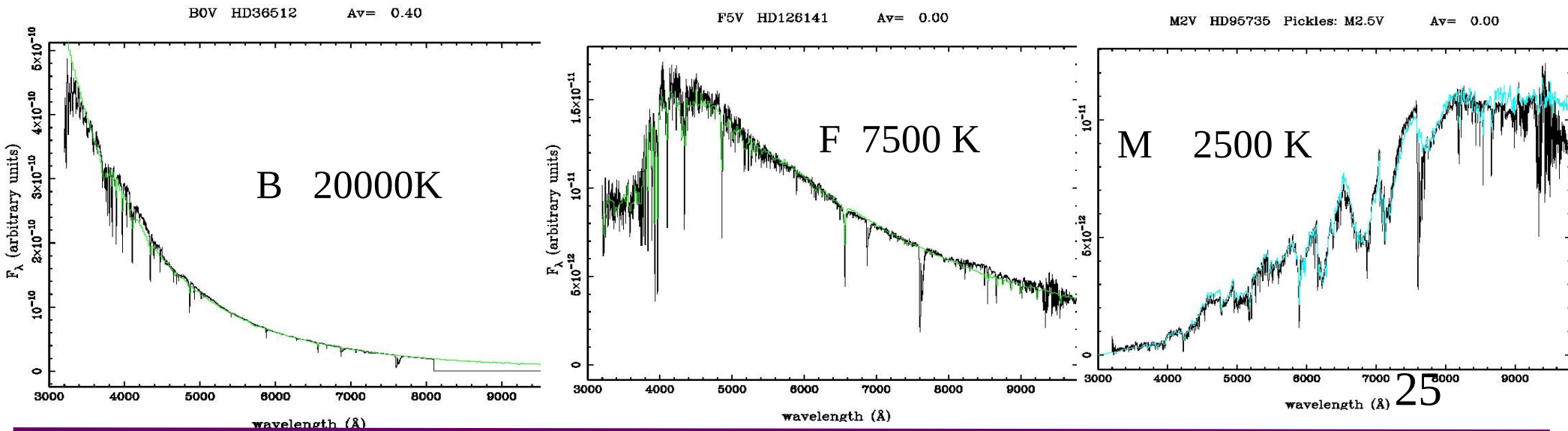
$$F(M) = \frac{M_1^3 \sin^3 i}{(M_1 + M_2)^2}$$
$$= \frac{P K_2^3}{2 \pi G}$$



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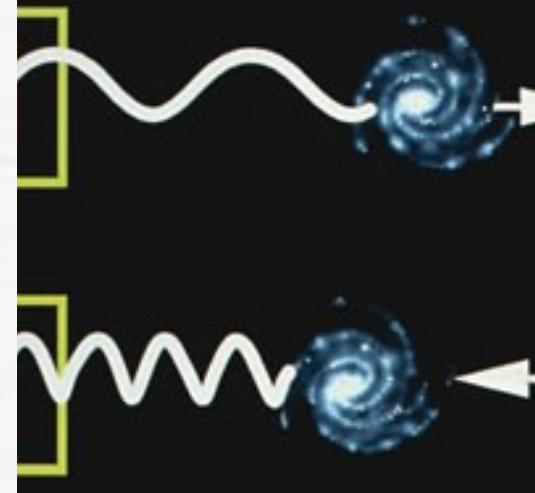
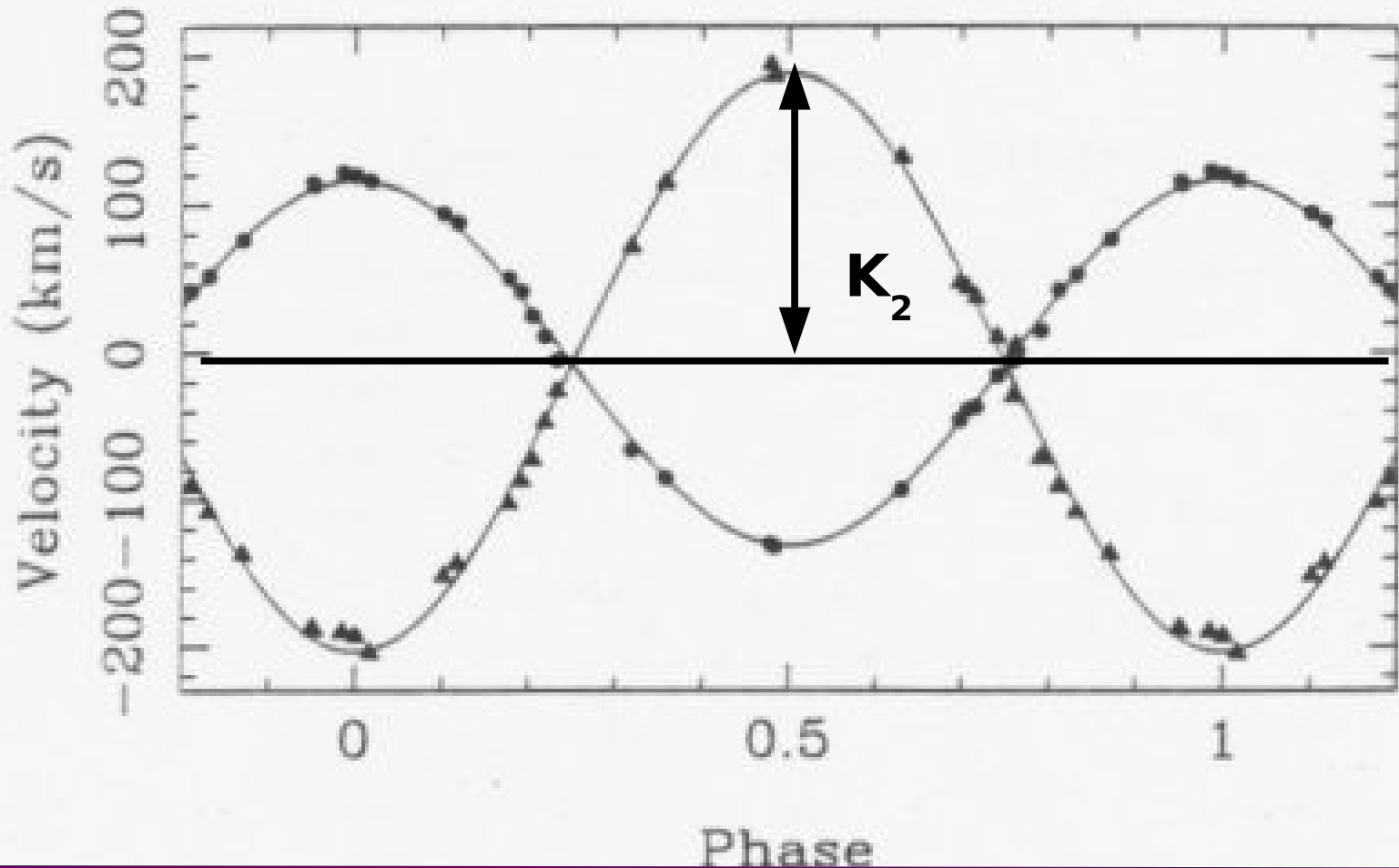
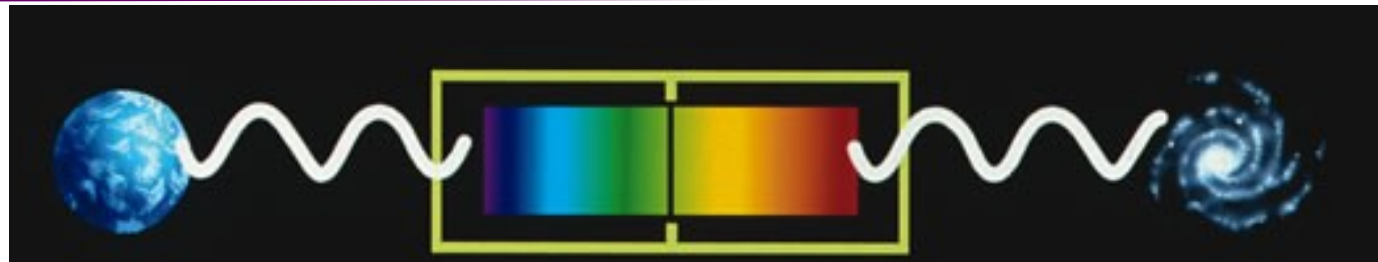
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# Neutron star interiors

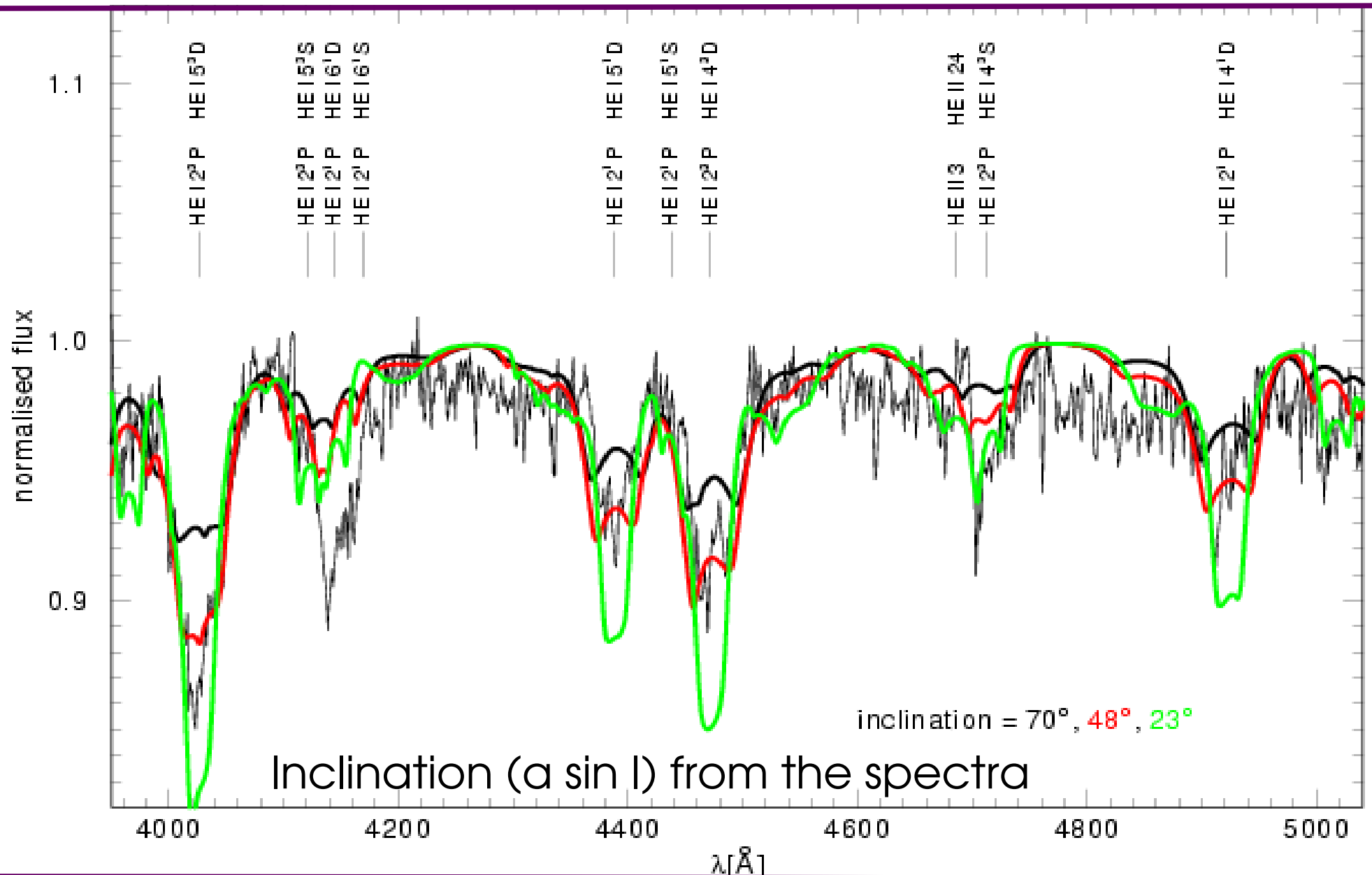


# Neutron star interiors

The Doppler effect

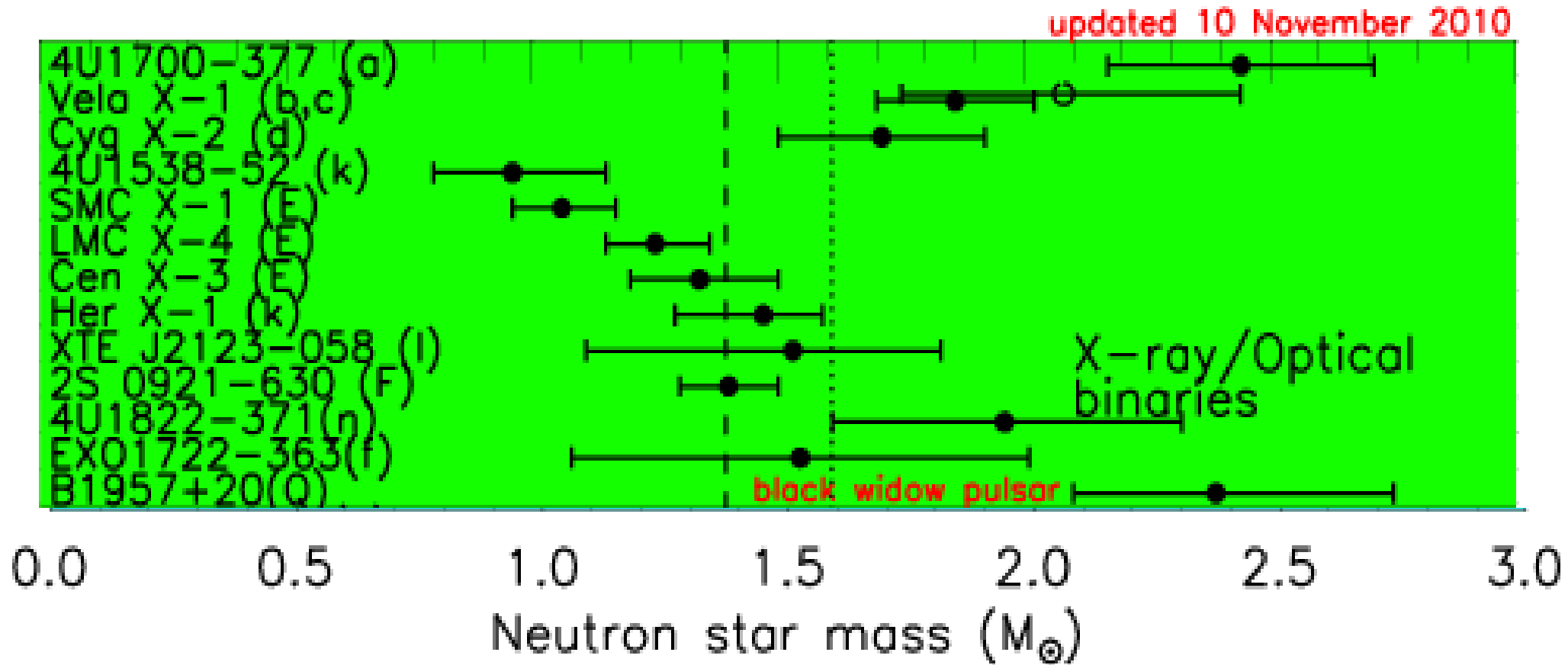


# Neutron star interiors



# Neutron star interiors

## Mass estimates



Lattimer &  
Prakash (2010)



# Neutron star interiors : radio observations

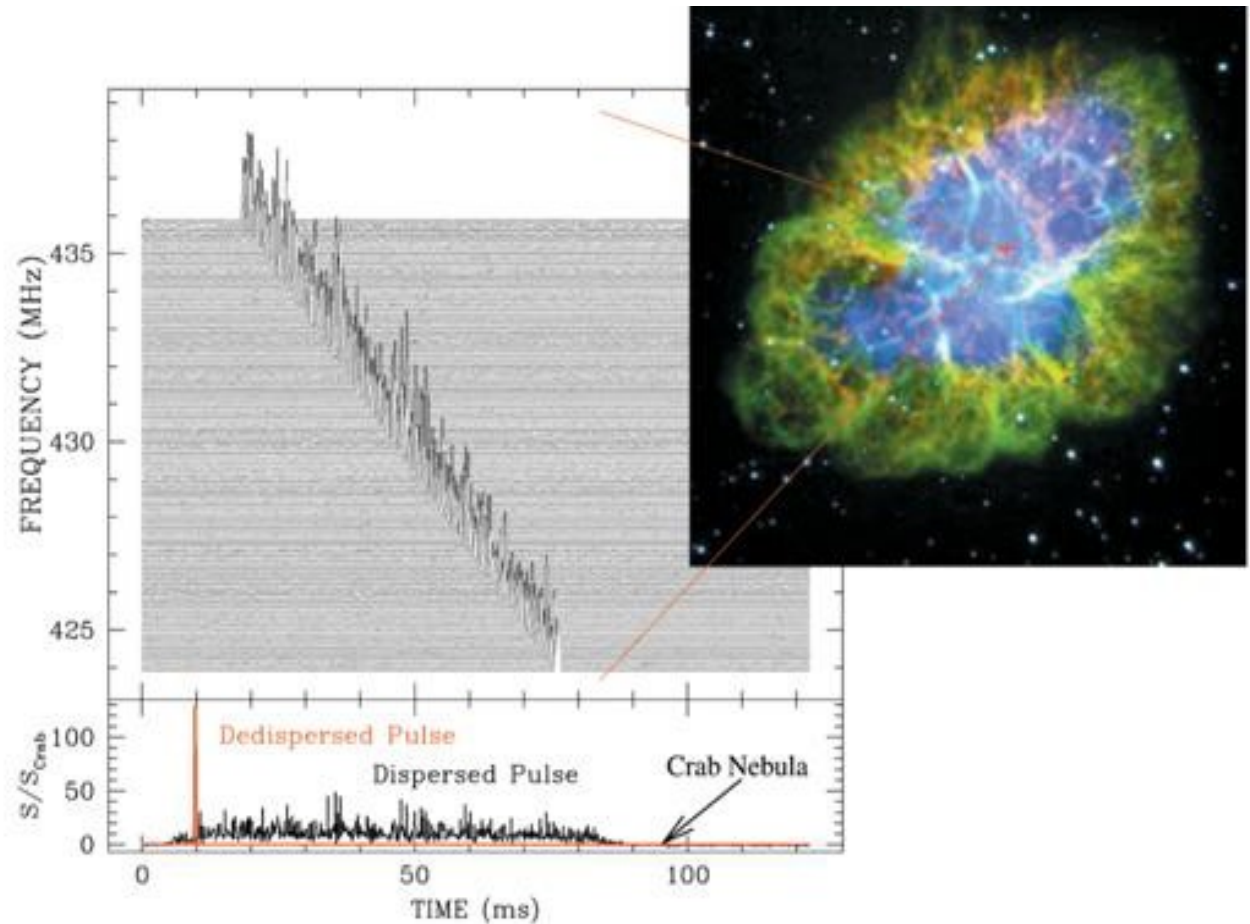


$$\theta = 1.220 \frac{\lambda}{D}$$

$\Theta$  = angular resolution

$\Lambda$  = wavelength

D = diameter



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# Neutron star interiors

Mean rate of periastron advance ( $\dot{\omega}$ )

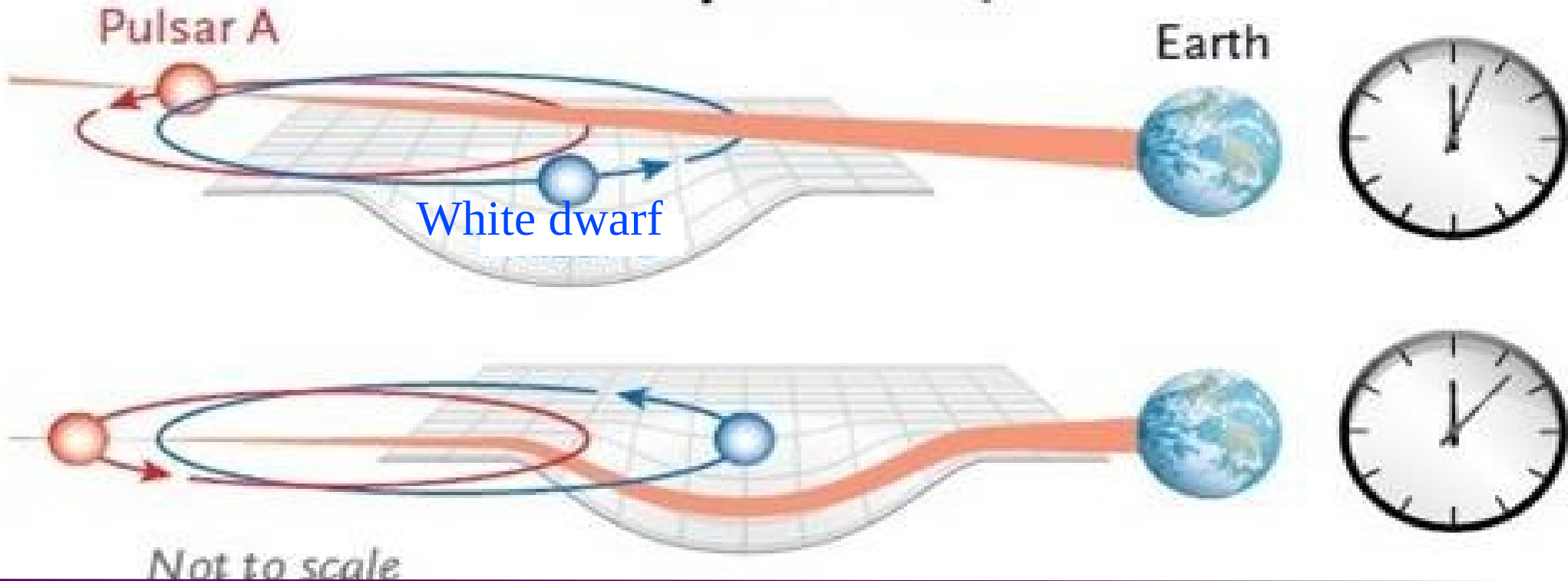
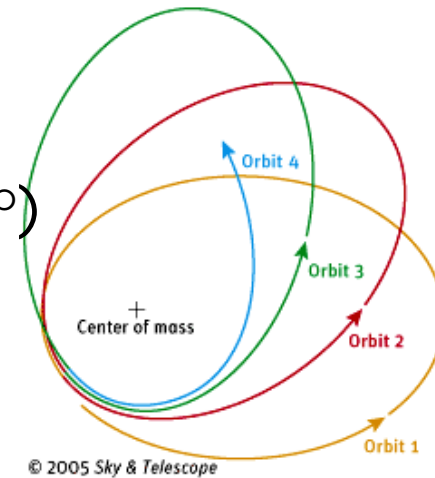
Redshift/time dilation ( $\dot{\gamma}$ )

Orbital period derivative caused by gravity waves ( $\dot{P}_b$ )

Range and shape of the Shapiro time delay ( $r, s$ )  
(due to gravitational time dilation)

R = mass ratio

## Shapiro Delay



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# Neutron star interiors

Mean rate of periastron advance ( $\dot{\omega}$ )

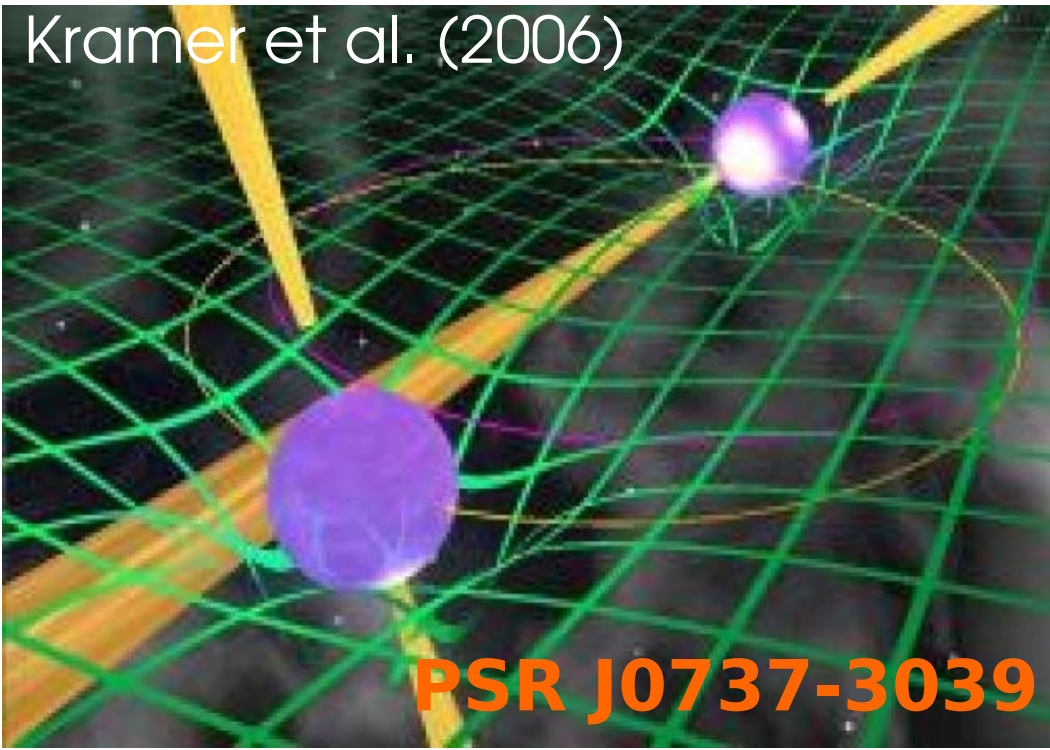
Redshift/time dilation ( $\dot{\gamma}$ )

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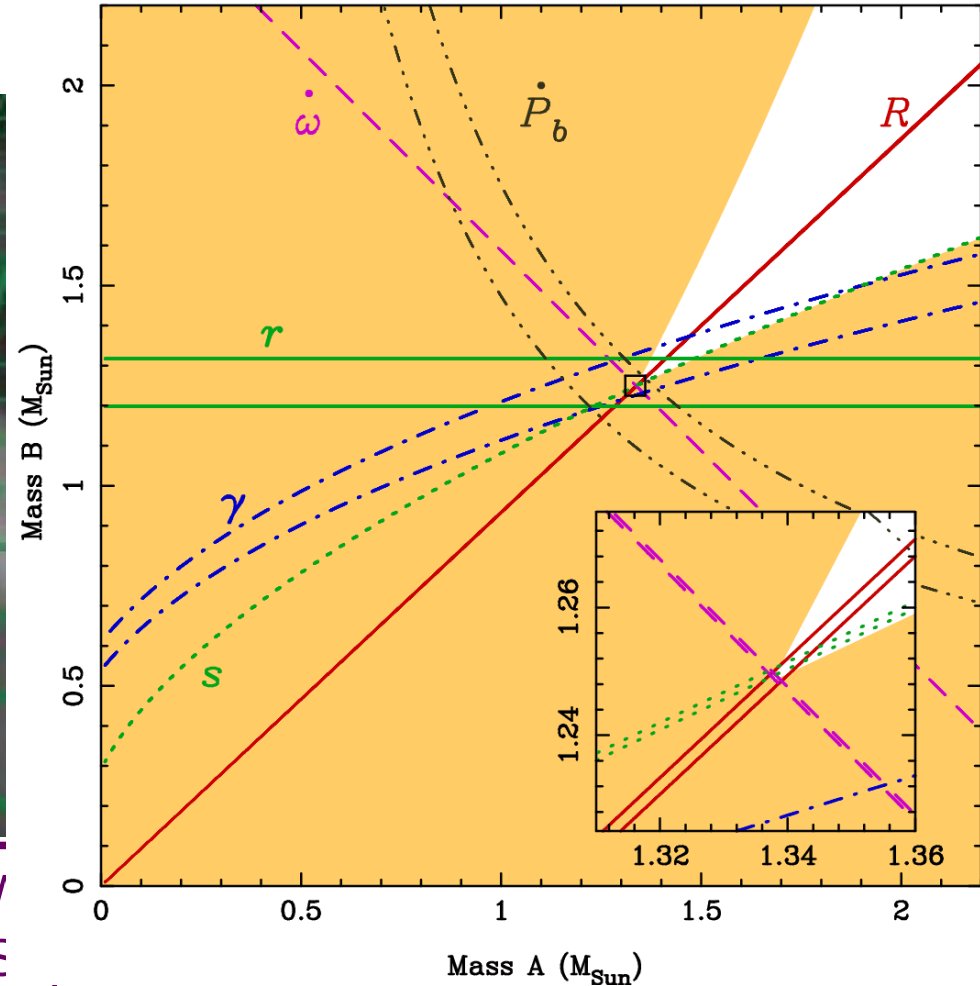
Range and shape of the Shapiro time delay ( $r, s$ )  
(due to gravitational time dilation)

$R$  = mass ratio

Kramer et al. (2006)

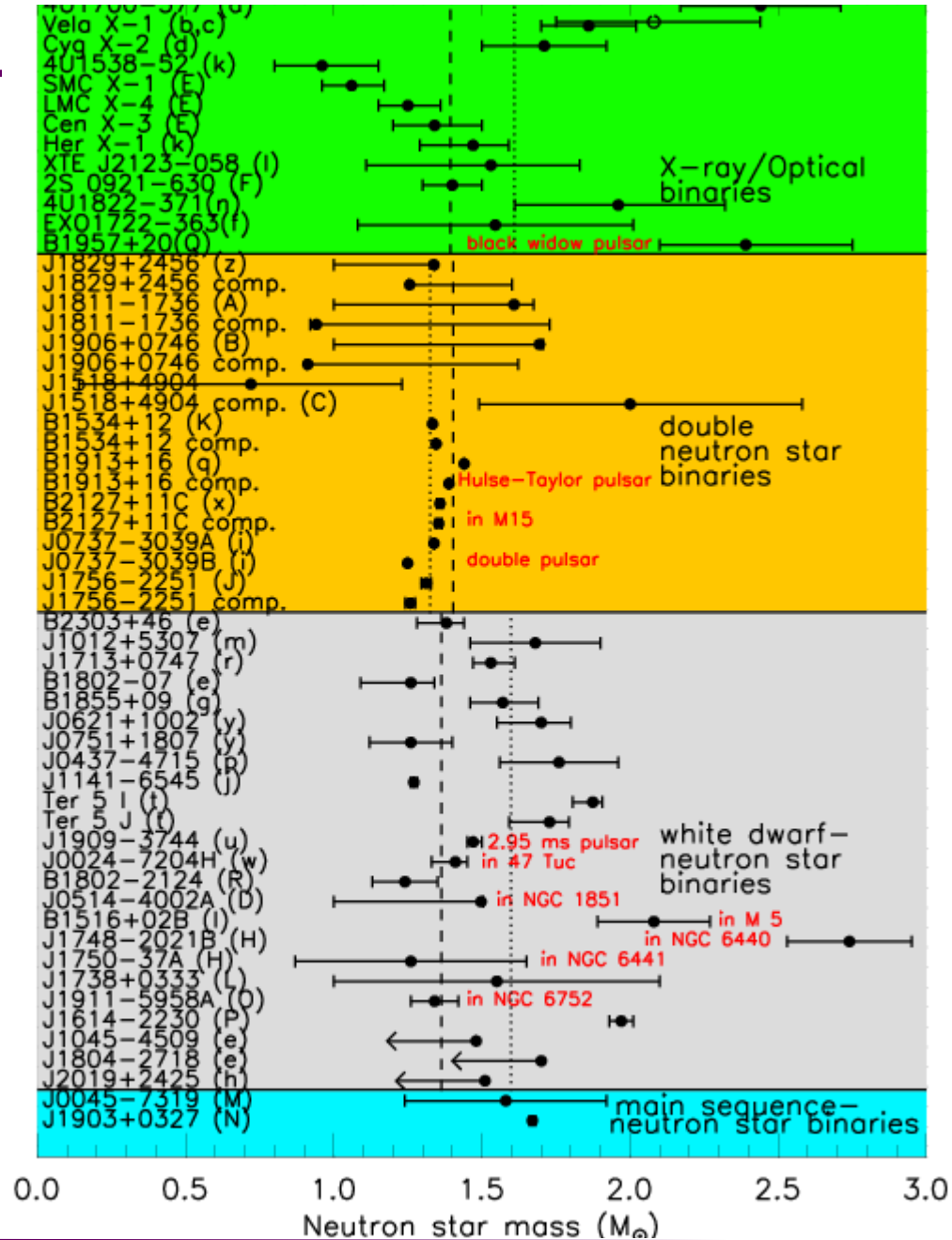


**PSR J0737-3039**



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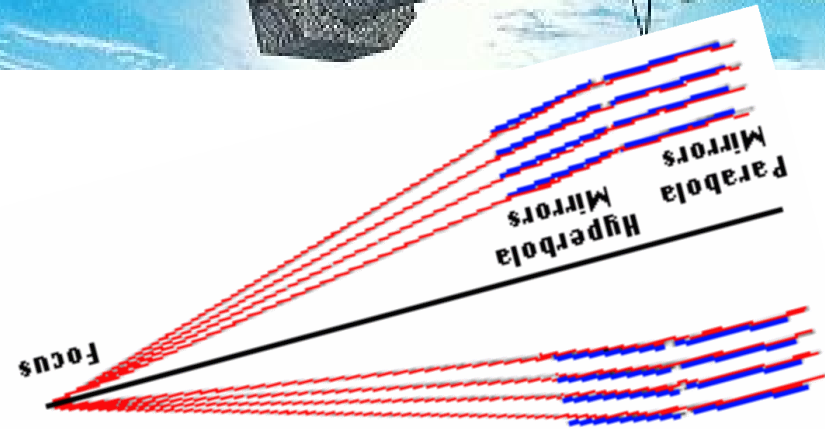
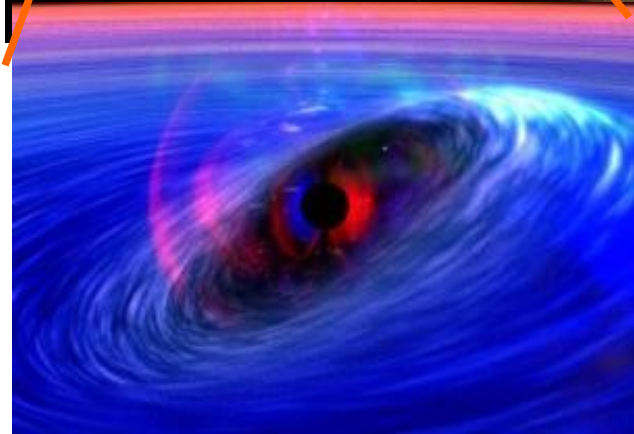
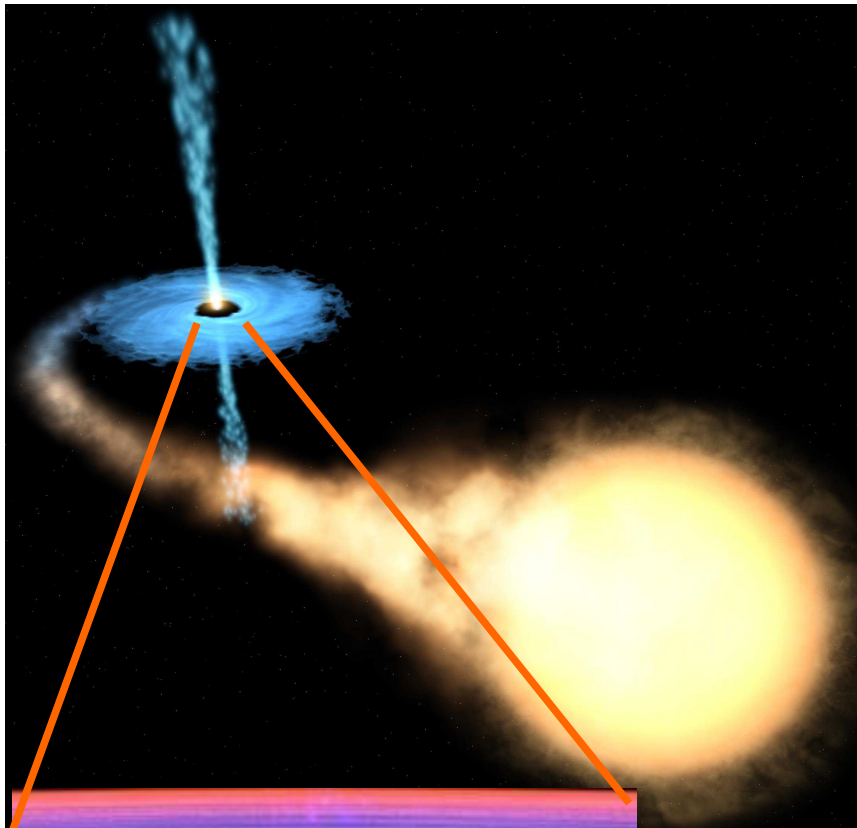
# Neutron star interiors



Lattimer & Prakash (2010)



# Neutron star interiors : X-ray observations





# Neutron star interiors radii from QPOs

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Equation of motion for a particle in a Schwarzschild metric:

$$\frac{1}{2} \left( \frac{dr}{d\tau} \right)^2 + V_{eff}(r) = \frac{\epsilon^2 - c^4}{2c^2}$$
$$V_{eff}(r) = -\frac{GM}{r} + \frac{l^2}{2r^2} - \frac{GMl^2}{c^2 r^3}$$

$l$  : kinetic energy per unit mass

$r$  : Orbital radius

$\epsilon$  : Measured energy per unit mass of the particle

$$= c^2(1 - R_s/c^2) dt/d\tau$$

$$\tau_{dyn} = \left( \frac{r^3}{GM} \right)^{1/2} \simeq 0.5 - 10 \text{ msec}$$

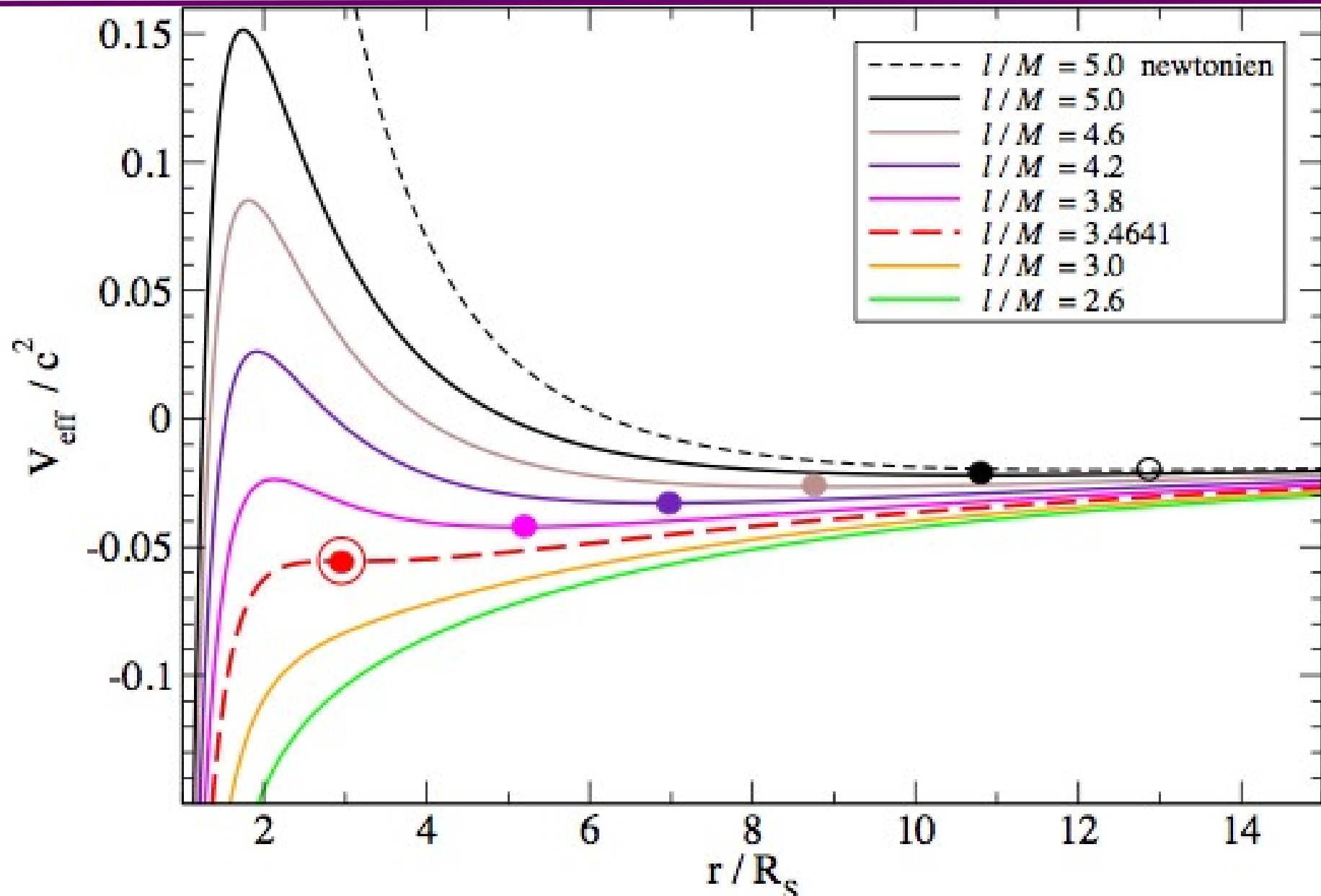
$$l \geq l_{crit} = 2\sqrt{3} \frac{GM}{c}$$

$$l = l_{crit}$$

For the innermost stable  
circular orbit:

$$r_{ISCO} = 6 \frac{GM}{c^2} = 12.5 m_{1.4} \text{ km}$$

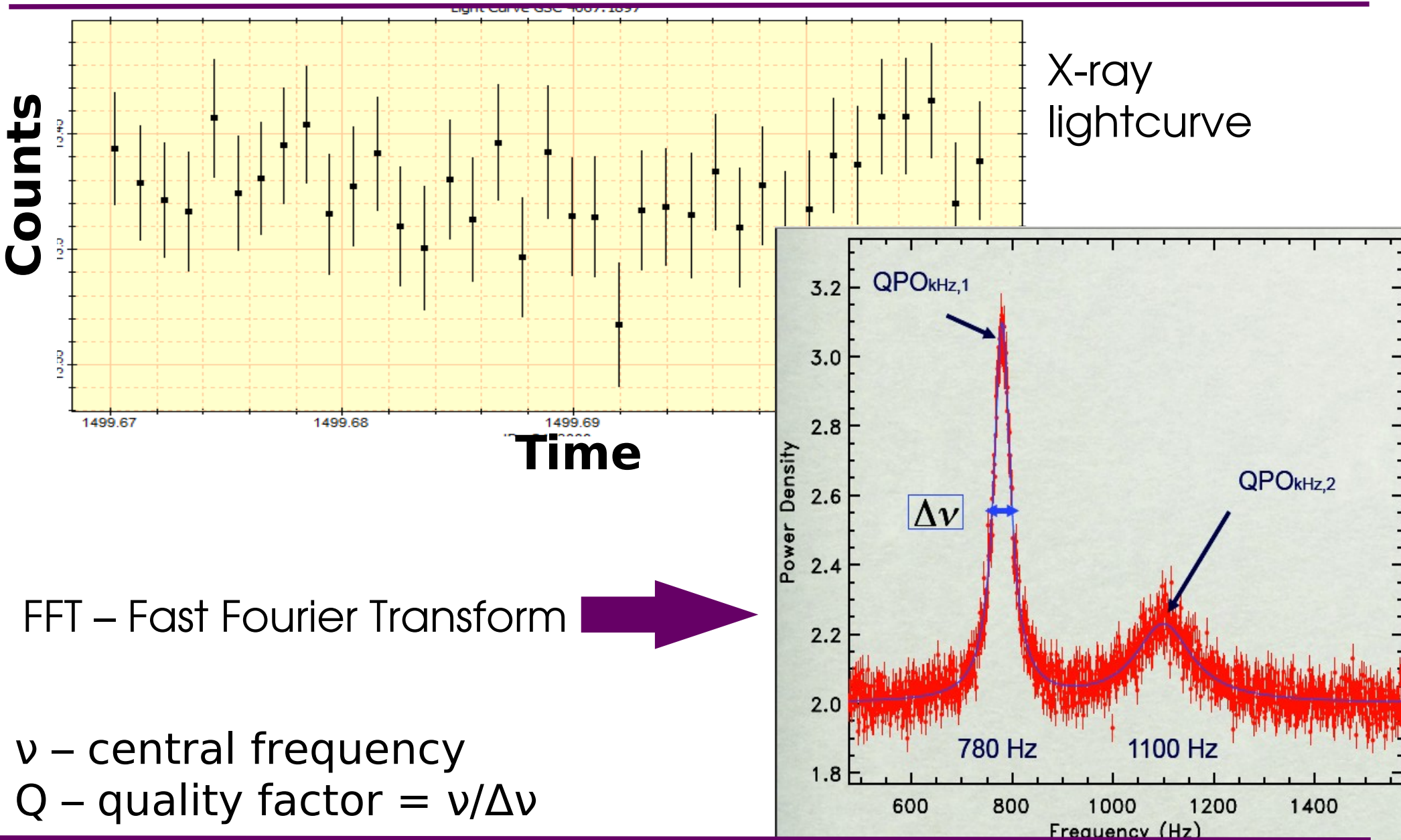
# Neutron star interiors : radii from QPOs



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# Neutron star interiors : radii from QPOs



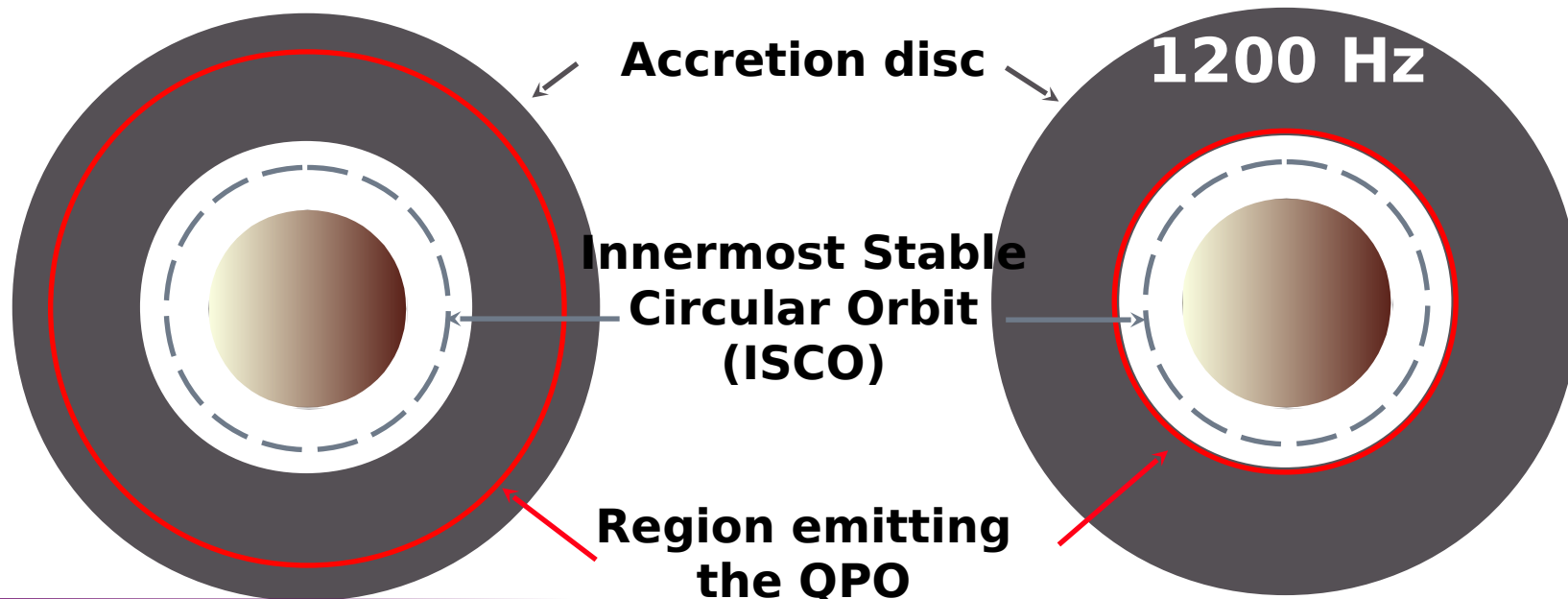
# Neutron star interiors : radii from QPOs

Keplerian orbital frequency

$$\nu_{orb} = \left( \frac{GM}{4\pi^2 r_{orb}^3} \right)^{1/2} = 1200 \text{ Hz} \left( \frac{r_{orb}}{15 \text{ km}} \right)^{-3/2} m_{1.4}^{1/2}$$

$$\nu_{beat} = \nu_{orb} - \nu_{spin}$$

**500 Hz** → **QPO<sub>kHz,2</sub>**  
→ **QPO<sub>kHz,1</sub>**

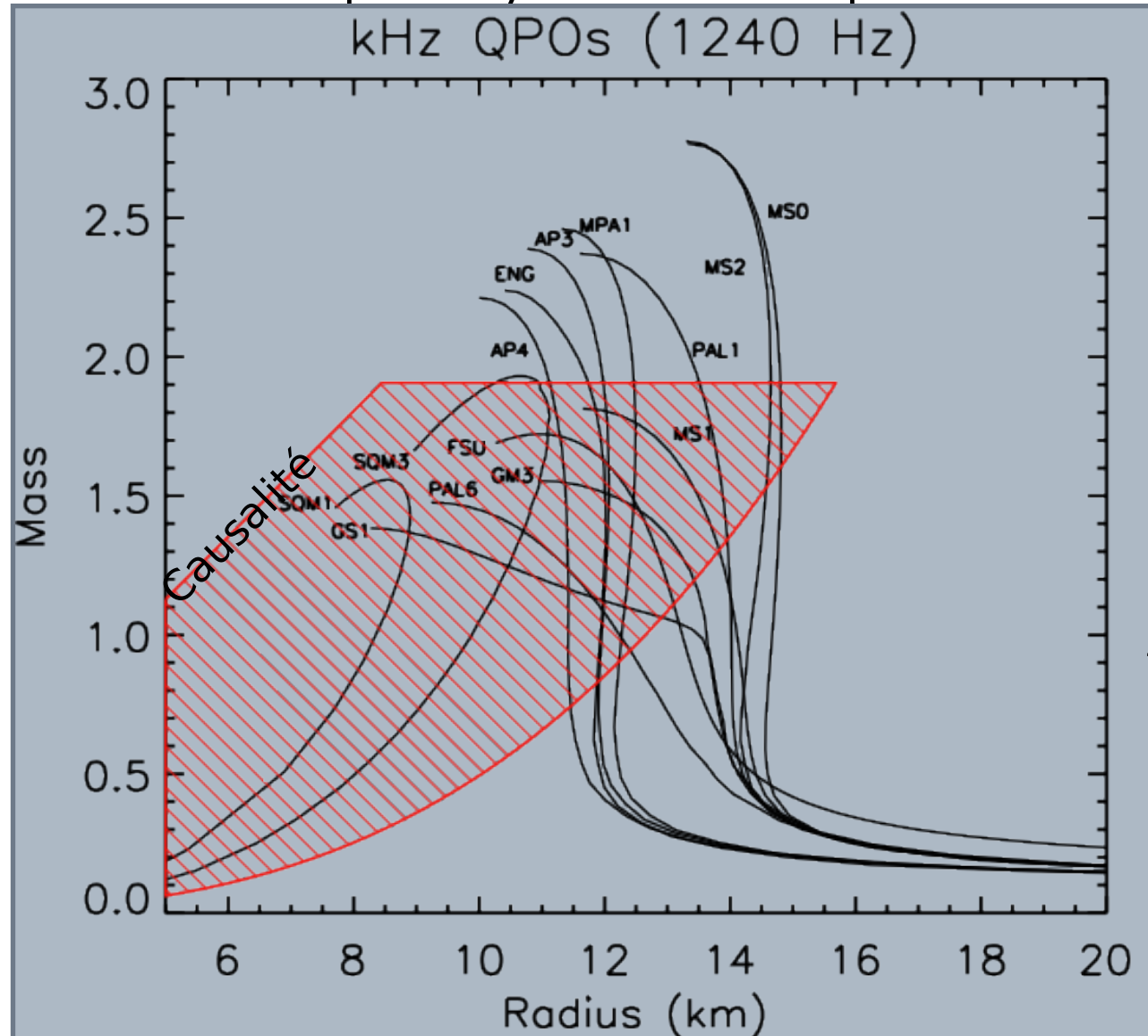


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# Neutron star interiors : radii from QPOs

Maximal frequency and the equation of state



Causality limit

$$M < \frac{c^2 R}{2.9G}$$

Limits imposed by the

QPO :

$$M > \left( \frac{R}{12.9 \text{ km}} \right)^3 \left( \frac{\nu_{QPO}}{1240 \text{ Hz}} \right)^2$$

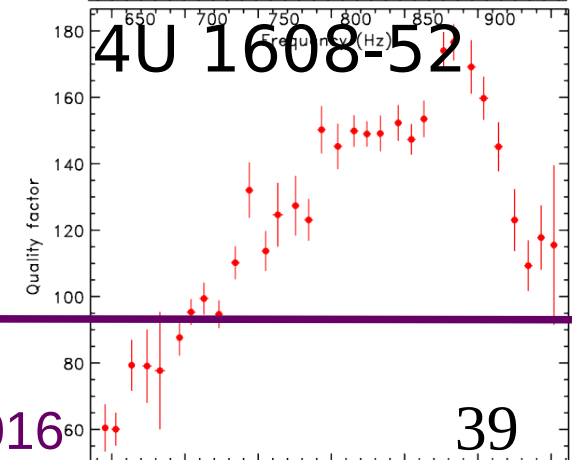
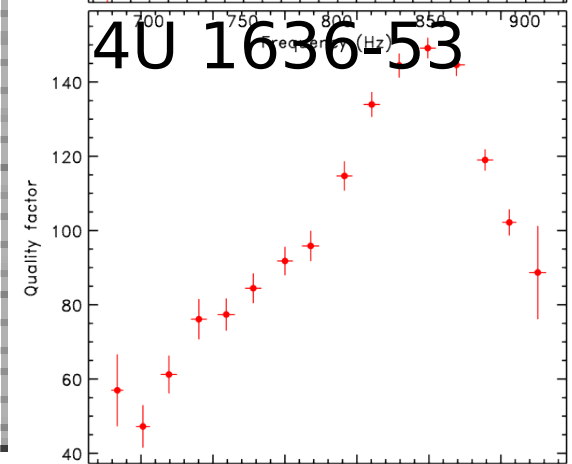
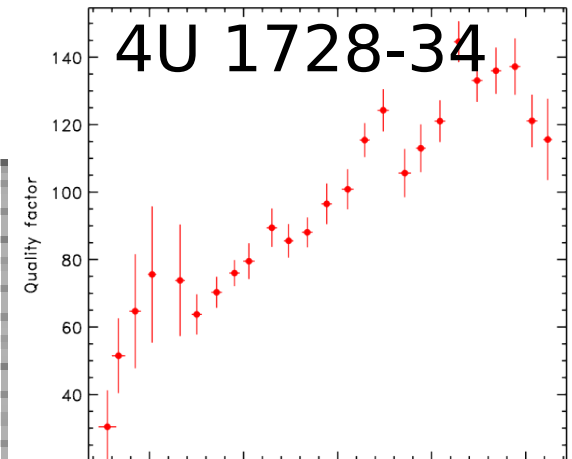
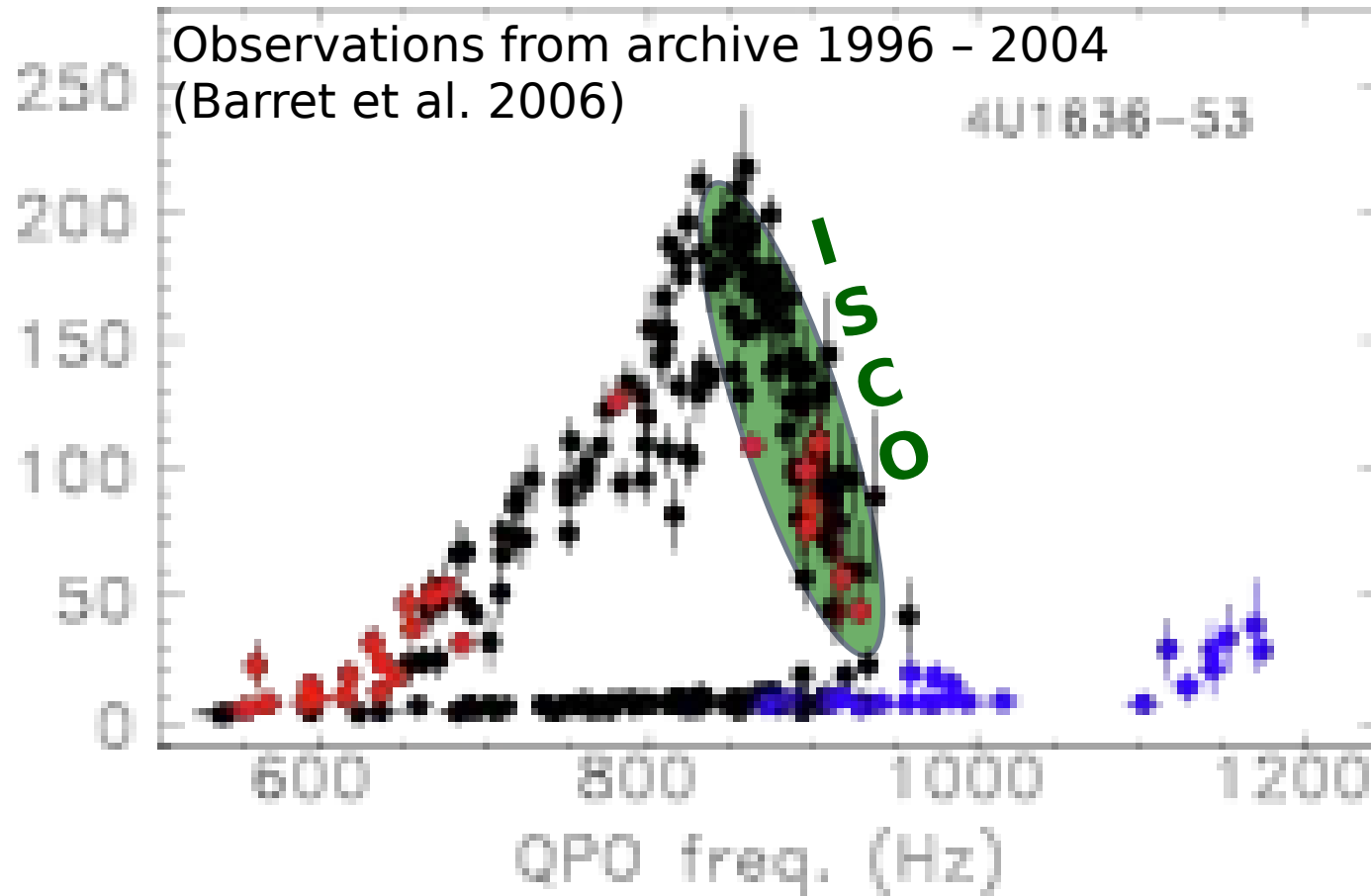
$$M < 1.95 \frac{1240 \text{ Hz}}{\nu_{QPO}}$$

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# Neutron star interiors : radii from QPOs



# Neutron star interiors : radii from QPOs

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Mass of compact object :

Reduction in quality factor :  $\nu_{\text{QPOkHz},1\text{max}} \approx 920 \text{ Hz}$

ISCO frequency:  $\nu_{\text{QPOkHz},1\text{max}} + \Delta\nu \approx 1250 \text{ Hz}$

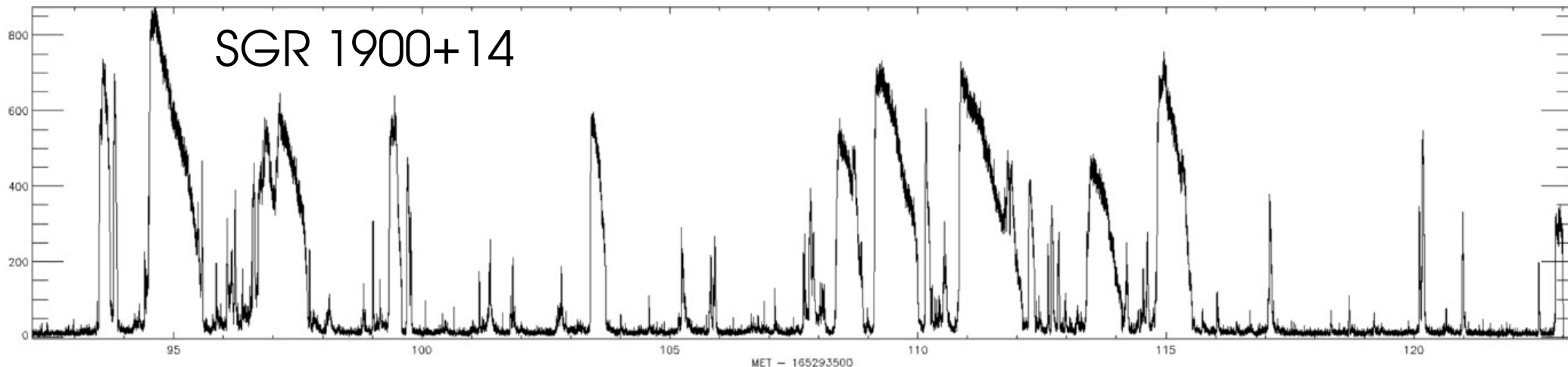
$$M \approx 2.2M_{\odot} \frac{1000\text{Hz}}{\nu_{\text{ISCO}}} \times (1 + 0.75j) \quad j = \frac{cJ}{GM^2} \sim 0.1 - 0.2$$

Mass of 4U 0614+09: 1.9-2.1 solar masses

# Neutron star interiors: mass & radius from bursts

The mass and radius from gamma-ray repeaters

- Magnetic field ( $B$ )  $\sim 10^{14-15} \text{G}$
- $B$  causes huge forces on the solid crust
- $\rightarrow$  the crust can rupture (starquake)
- Brief but intense hard X-ray emission



# Neutron star interiors: mass & radius from bursts

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## The Eddington limit

$$L_E = \frac{4\pi G M m_p c}{\sigma_0}$$

Modifications due to:

- General relativity (factor  $(1+z)$  increase)
- Nature of the material (opacity)
- Magnetic field confinement of material (opacity)

X-ray bursts due to thermonuclear explosions

Luminosity reaches Eddington limit

Photosphere expands, material cools ( $<T_{\text{X-ray}}$ )

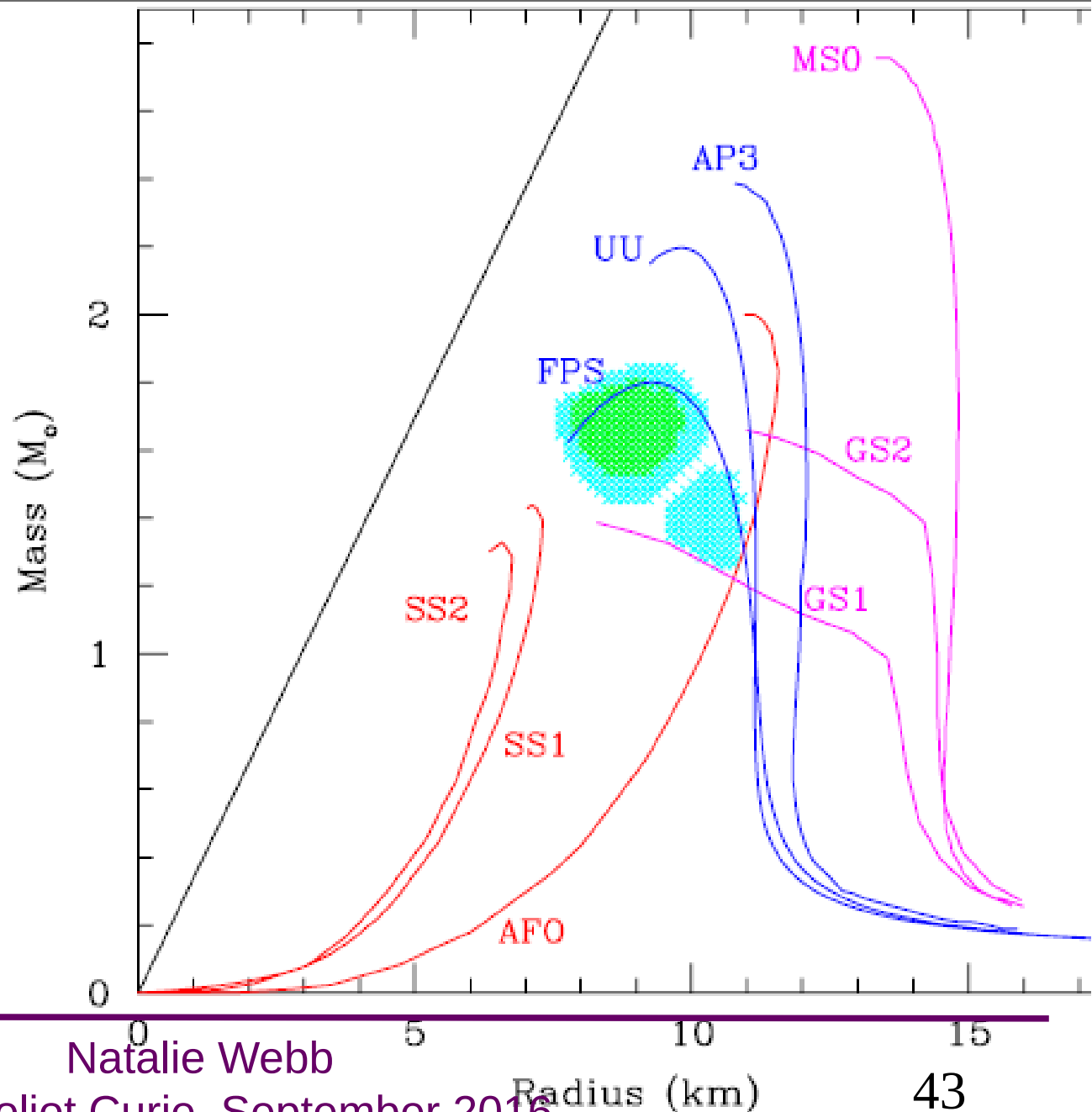
Photosphere contracts, 2nd brighter peak observed

# Neutron star interiors: mass & radius from bursts

Using:

$$4\pi R_*^2 F_* = L_*$$

Özel et al. (2009)  
results from  
EXO 1745-248  
Contours:  
1 and 2  $\sigma$

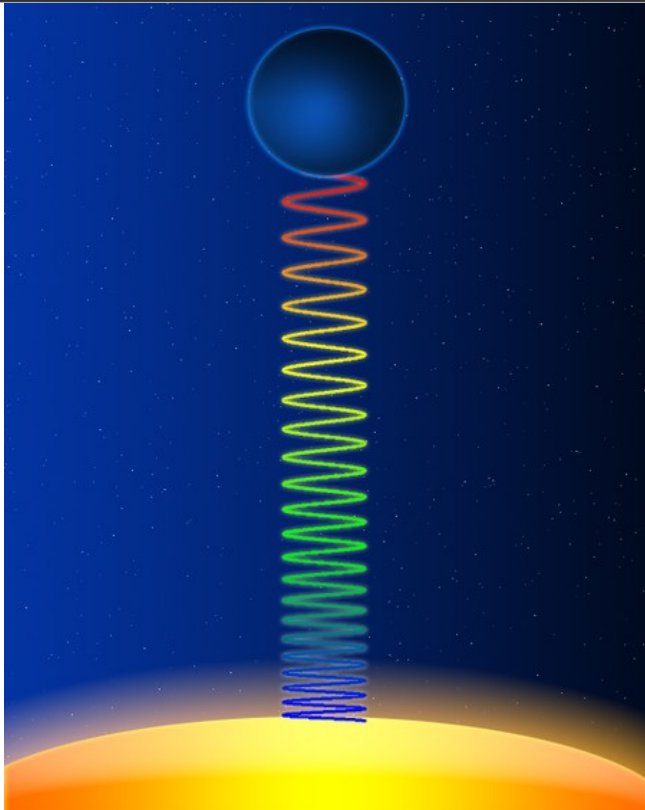


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# Neutron star interiors : mass & radius from grav. redshift

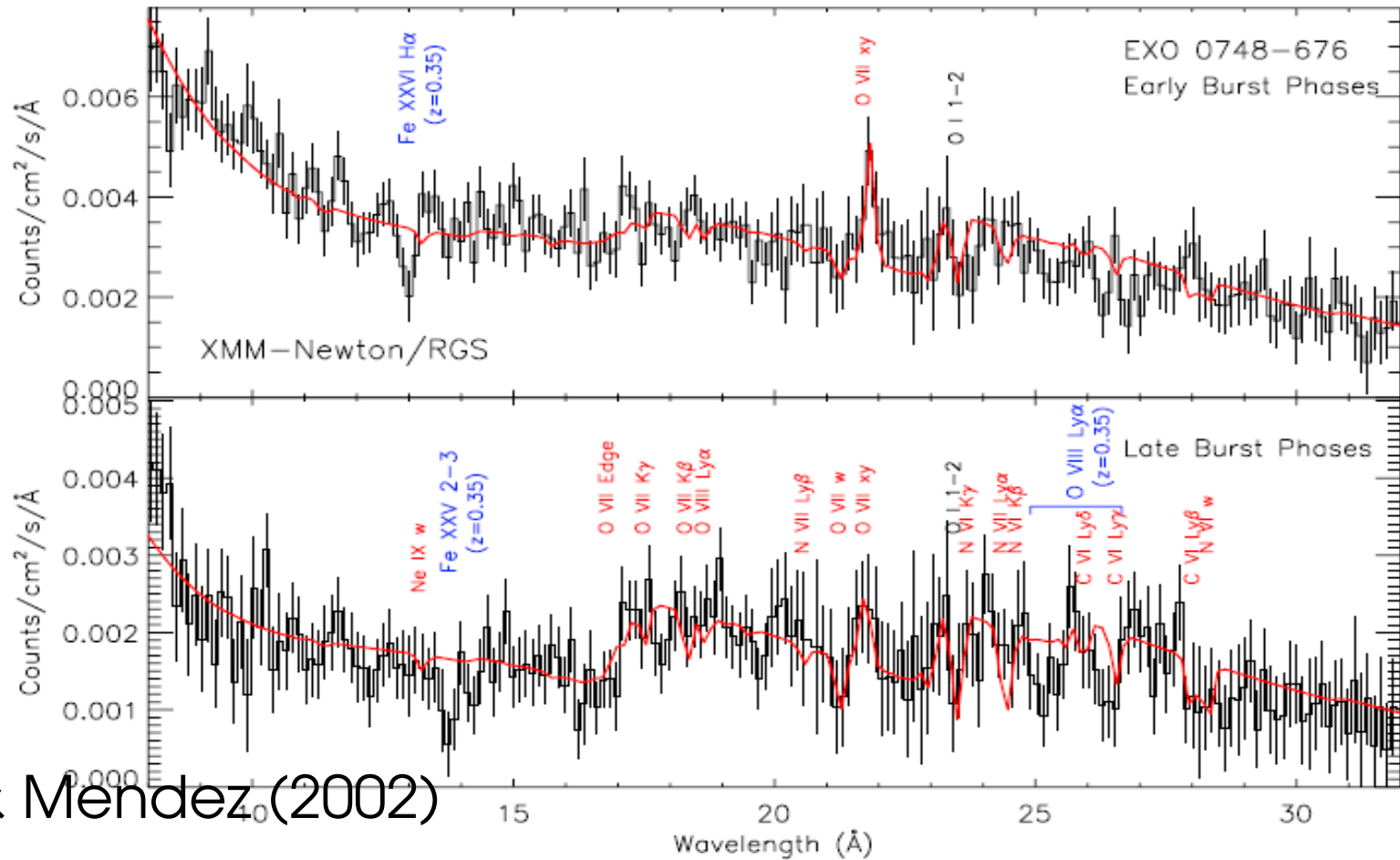
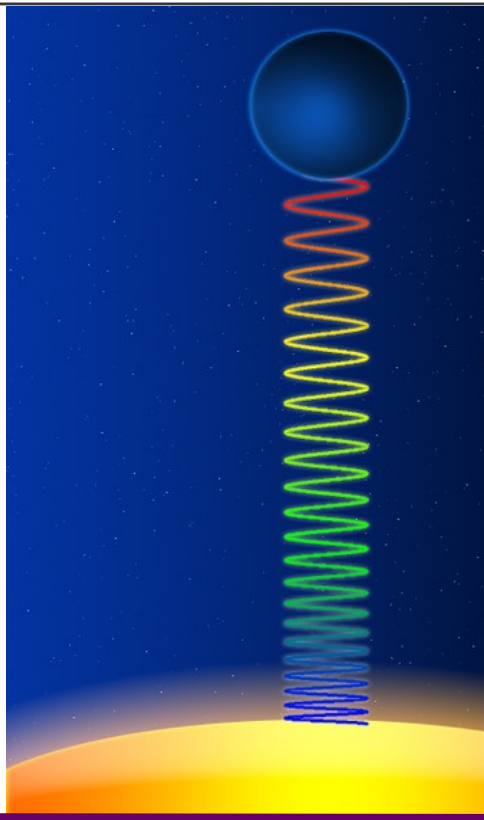
Observable	Measurement	Dependence on NS Properties
$F_{\text{Edd}}$	$(2.25 \pm 0.23) \times 10^{-8} \text{ erg cm}^{-2} \text{ s}^{-1}$	$\frac{1}{4\pi D^2} \frac{4\pi GMc}{\kappa_{\text{es}}} \left(1 - \frac{2GM}{c^2 R}\right)^{1/2}$
$z$	0.35	$\left(1 - \frac{2GM}{Rc^2}\right)^{-1/2} - 1$
$F_{\text{cool}}/\sigma T_c^4$	$1.14 \pm 0.10 \text{ (km/kpc)}^2$	$f_{\infty}^2 \frac{R^2}{D^2} \left(1 - \frac{2GM}{Rc^2}\right)^{-1}$





# Neutron star interiors : mass & radius from grav. redshift

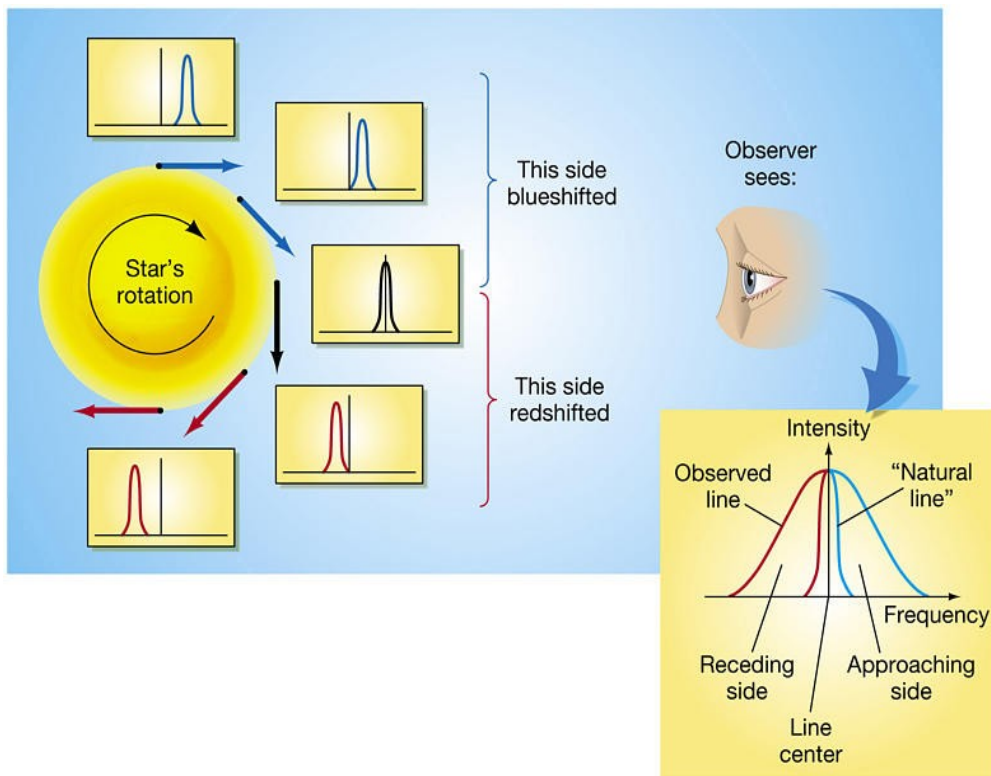
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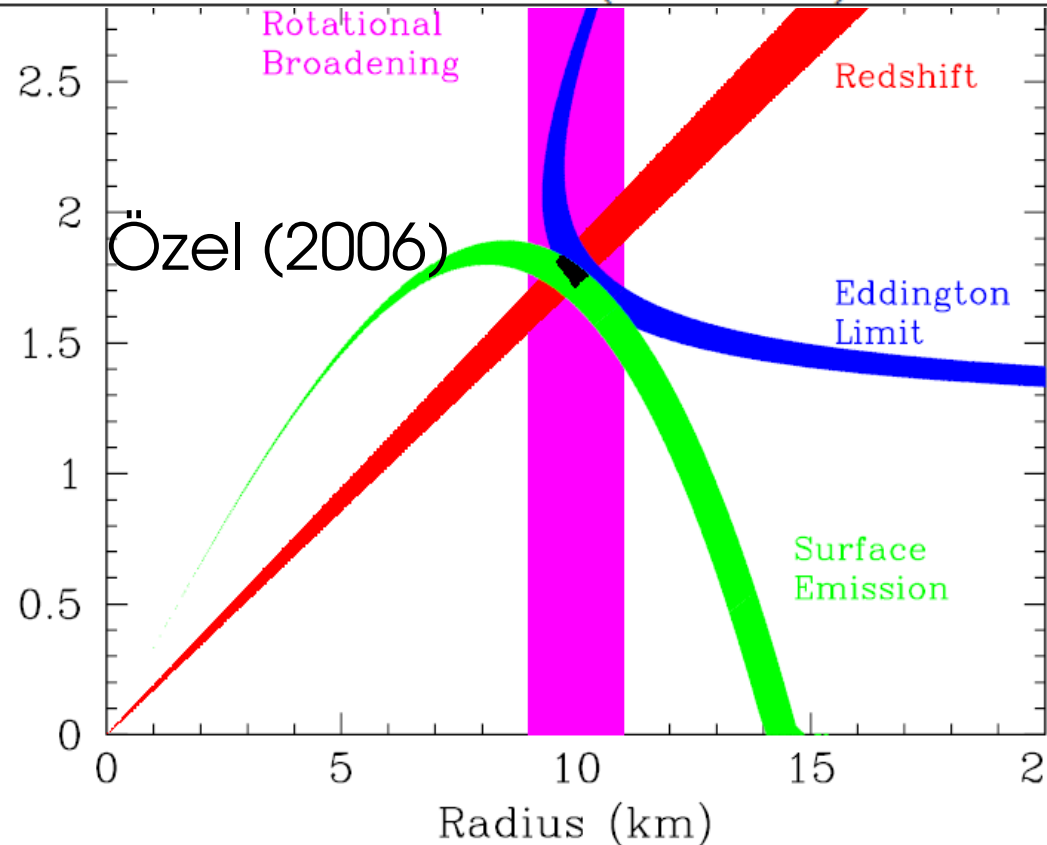
Cottam, Paerels & Mendez (2002)

# Neutron star interiors : mass & radius from grav. redshift

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# Neutron star interiors: mass & radius from thermal radiation

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Globular clusters: Dense groups of old stars

Many compact objects

Binaries form due to stellar interactions

Distance to cluster well constrained

Binaries difficult to detect because of high stellar density



# Neutron star interiors: mass & radius from thermal radiation

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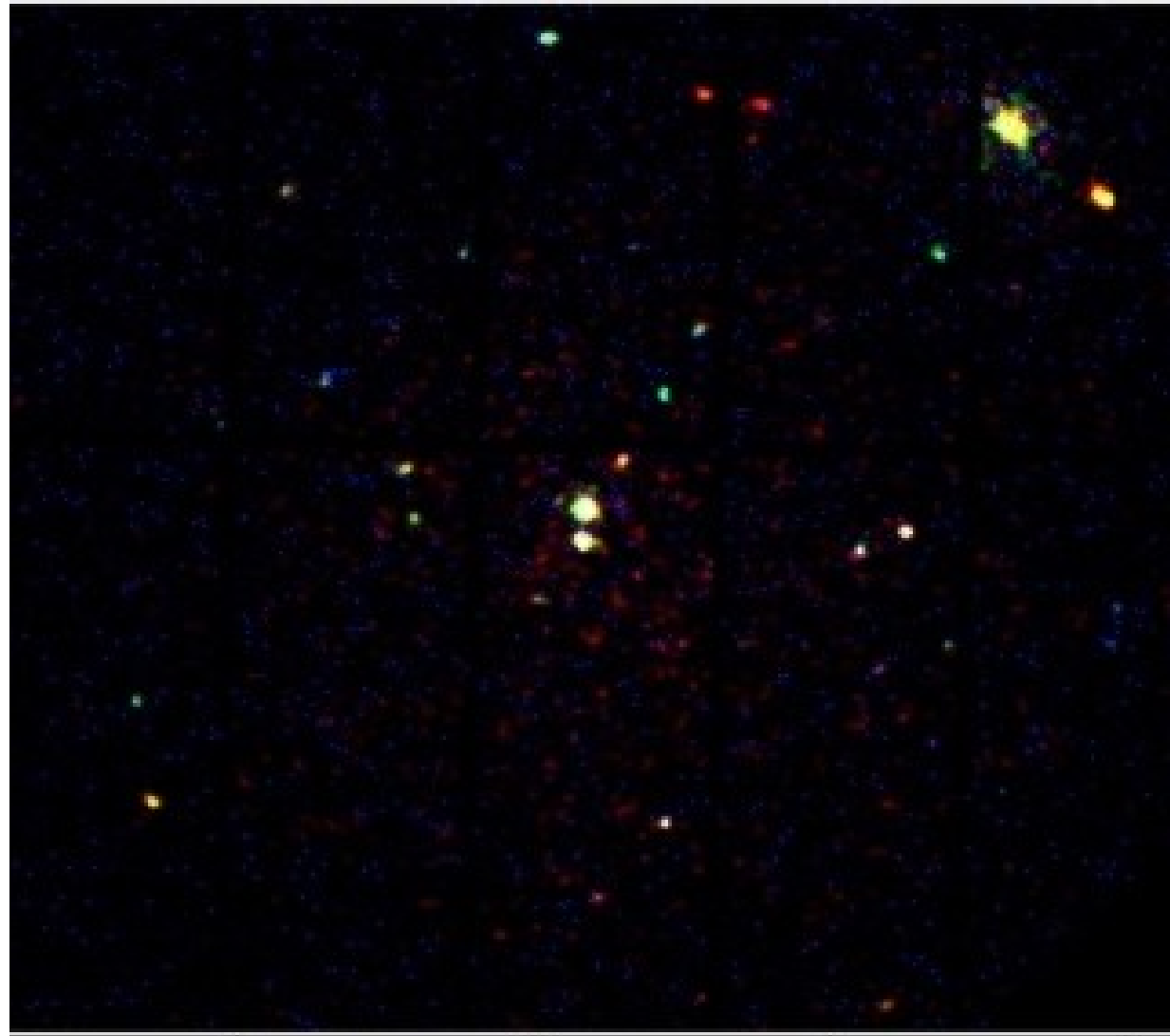
Globular clusters: Dense groups of old stars

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# Neutron star interiors: mass & radius from thermal radiation

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Mass & radius determined from X-ray spectra if distance known:

$$F_{\infty} = (R_{\infty}/d)^2 \sigma T_{\infty}^4 \quad \text{et} \quad R_{\infty} = R / (1 - 2GM/Rc^2)^{0.5}$$

F = flux, R = radius, d = distance,  $\sigma$  = Boltzman cons.  
T = temperature, G = gravitational constant,  
c = speed of light in vacuum

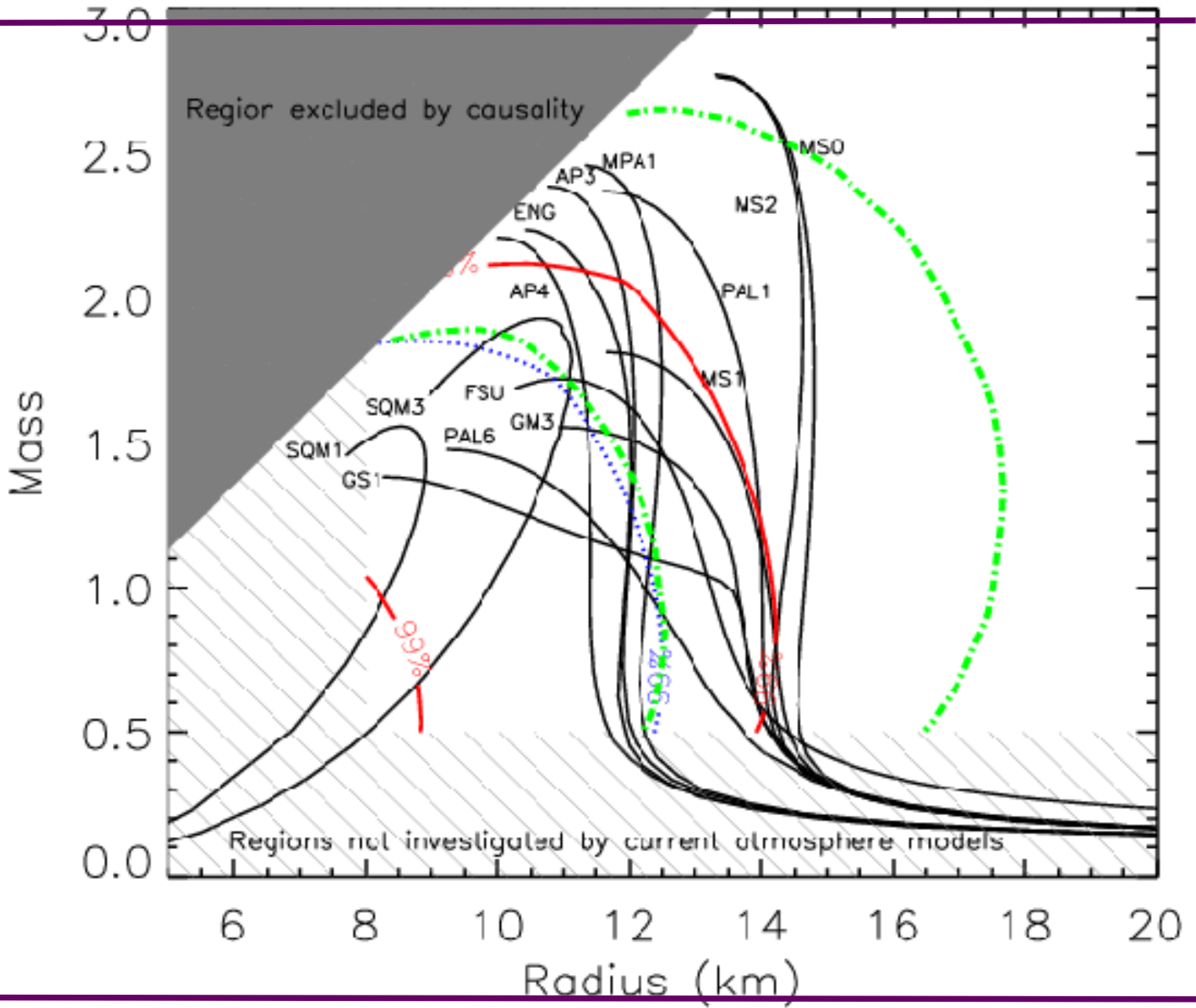
# Neutron star interiors: mass & radius from thermal radiation

**M 13**

**$\omega$  Cen**

**X7, 47 Tuc**  
(Heinke et al. 2006)

(Webb & Barret, 2007)

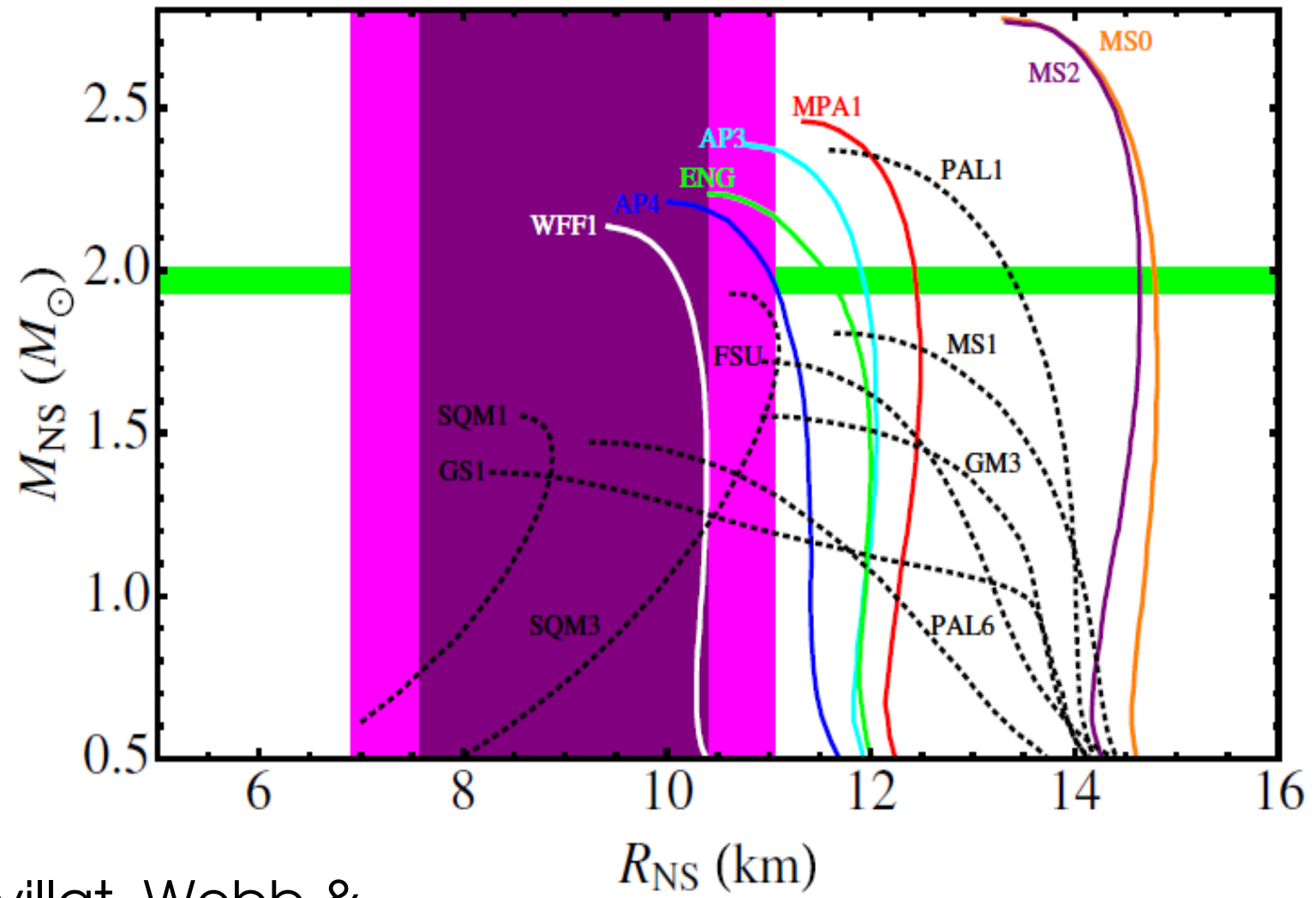


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# Neutron star interiors: mass & radius from thermal radiation



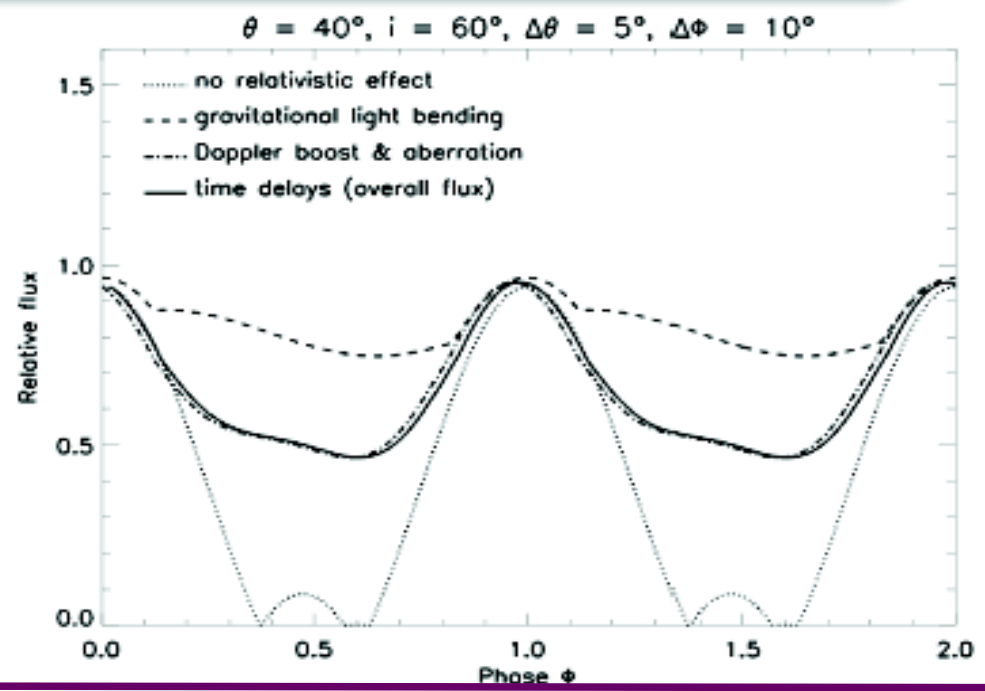
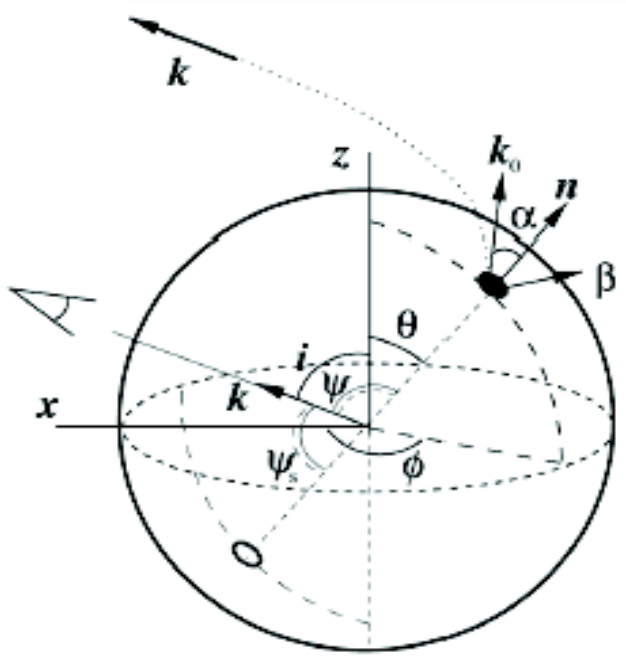
(Guillot, Servillat, Webb & Rutledge, 2013)

# Neutron star interiors: mass & radius from thermal radiation

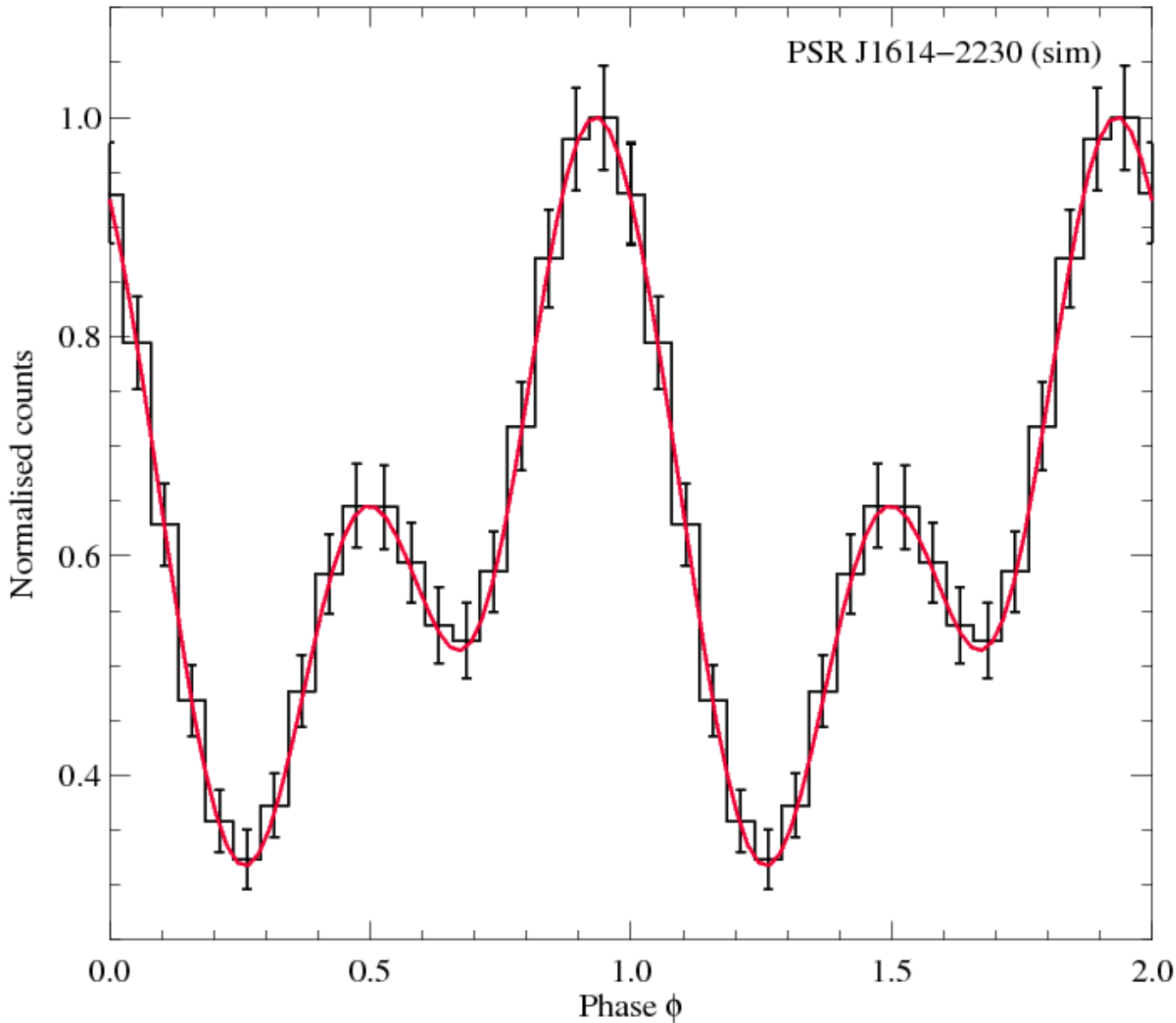
## MODELLING OF THERMAL X-RAYS FROM MSPs

Thermal emission coming from a heated PC on a weakly magnetised NS covered by an H atmosphere (Bogdanov et al. 2007).

- ▶ Relativistic effects (light bending, aberration, Doppler boosting, time delays).
- ▶ Many parameters :  $M, R, \text{freq}, i, \theta \dots$
- ⇒ Reduce the number of free parameters (Venter et al. 2009).
- ⇒ Account for the oblateness of the NS (Morsink et al. 2007).
- ⇒ Tighter constraints on  $M/R$ .

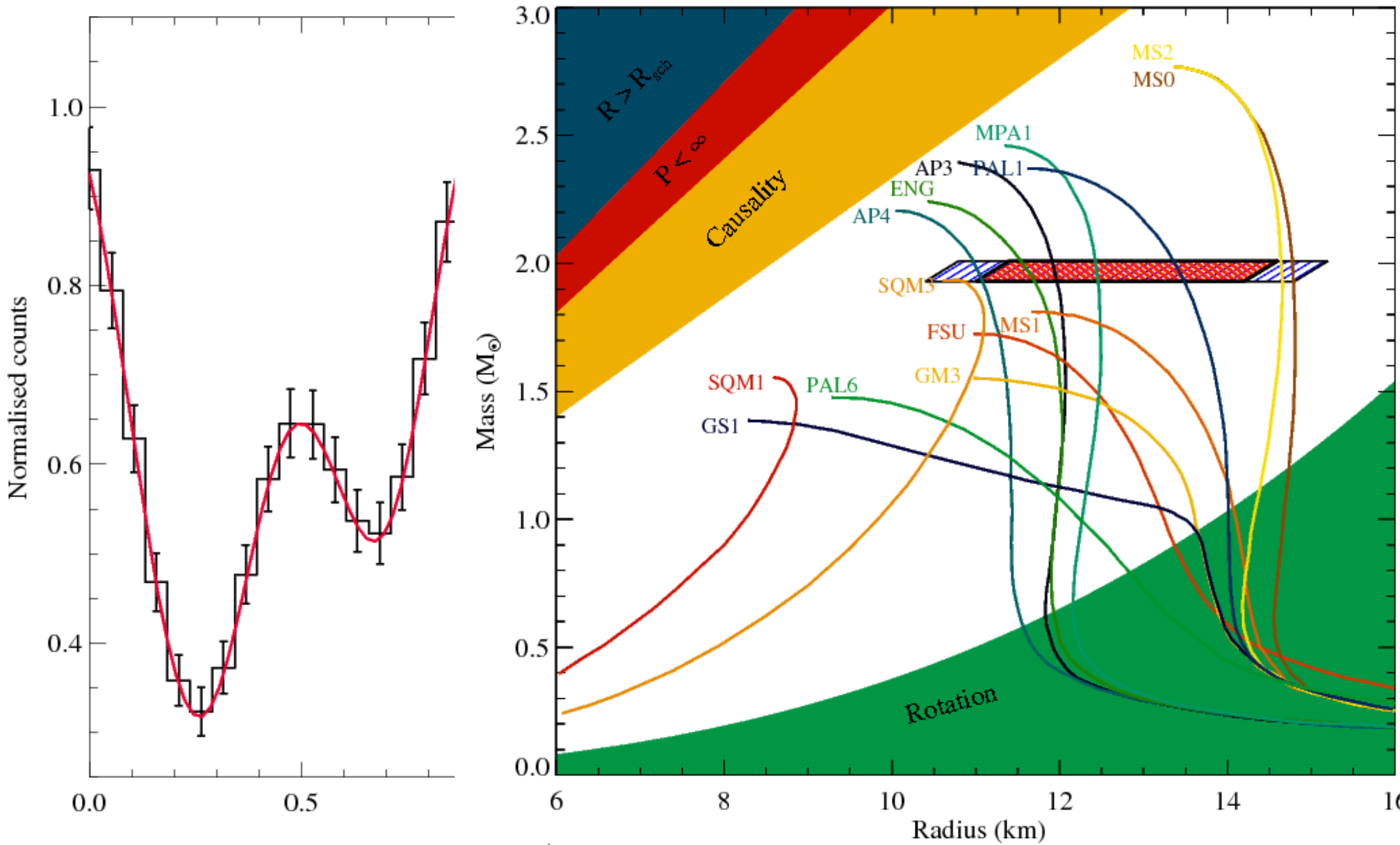


# Neutron star interiors: mass & radius from thermal radiation



463 ks  
PSR J1614-2230  
XMM-Newton

# Neutron star interiors: mass & radius from thermal radiation

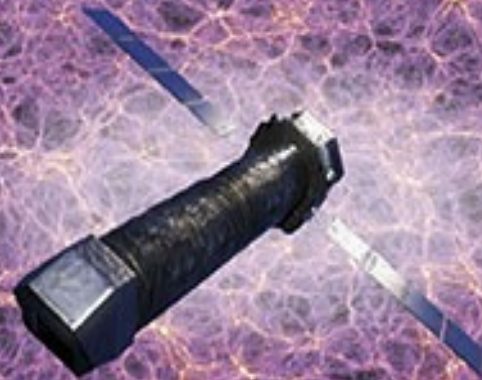


# X-ray observations : Athena

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## **ATHENA**

THE ASTROPHYSICS OF THE  
HOT AND ENERGETIC  
UNIVERSE



HOW DOES ORDINARY MATTER  
ASSEMBLE INTO THE LARGE SCALE  
STRUCTURES THAT WE SEE TODAY?

HOW DO BLACK HOLES GROW  
AND SHAPE THE UNIVERSE?

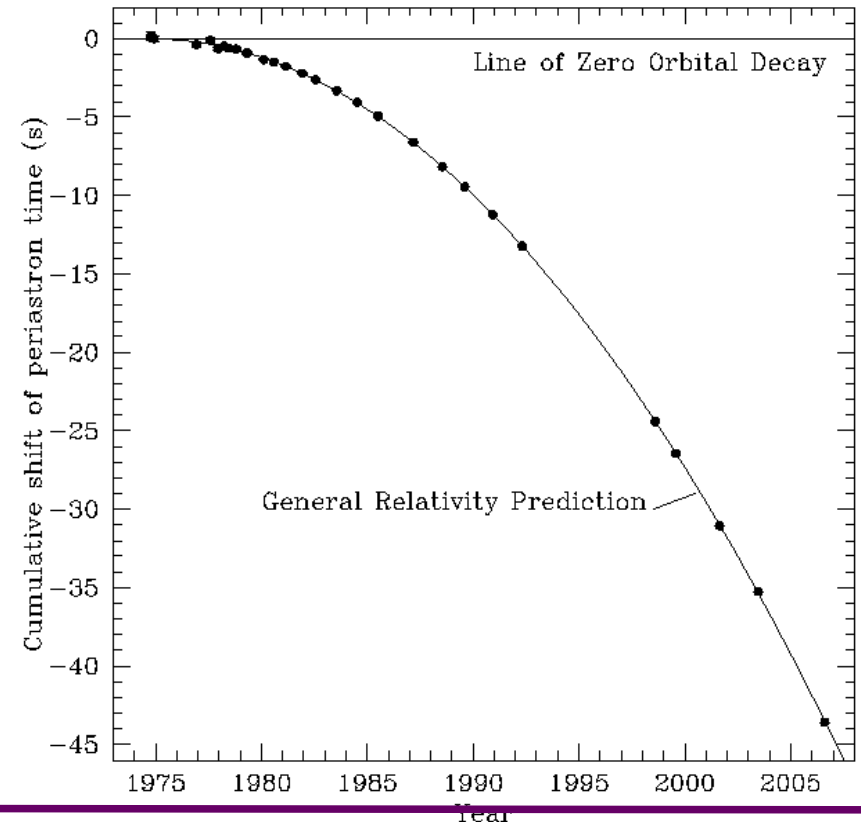
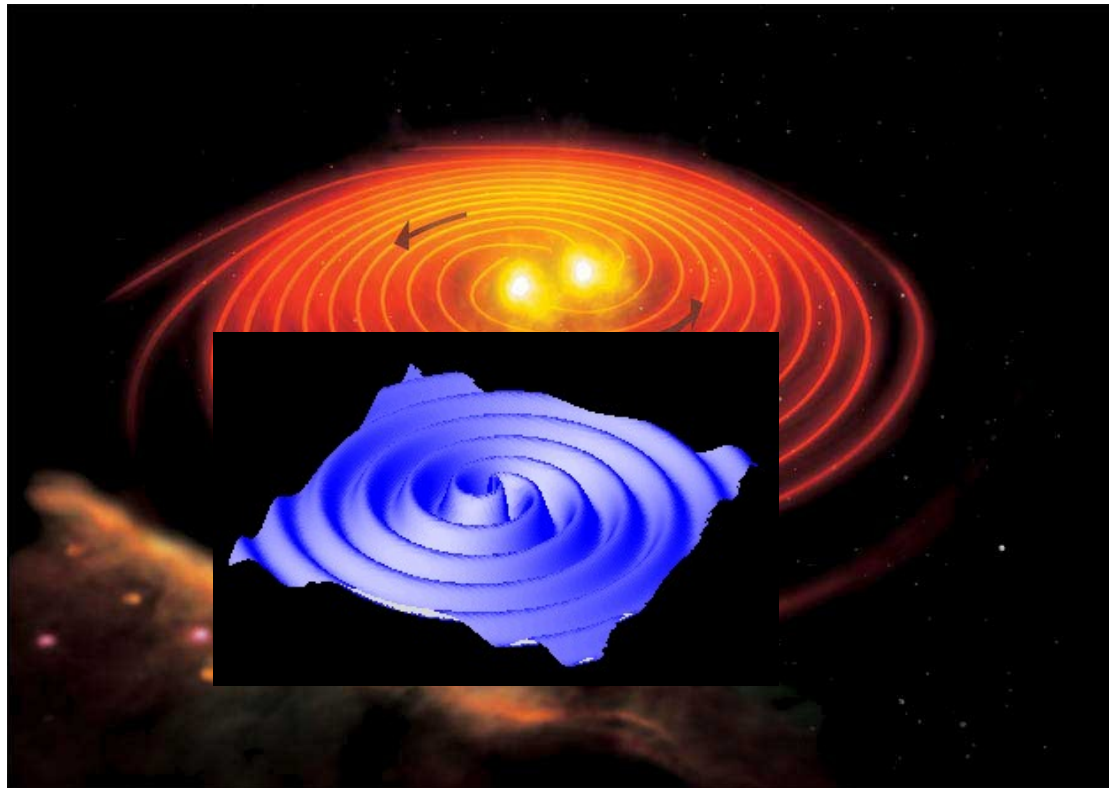
Europe's next generation **X-RAY OBSERVATORY**



# Neutron star interiors: mass & radius from grav. waves

Gravitational waves : A deformation of space-time, caused by the presence of a body. They move at the speed of light.

Hulse & Taylor (1975), observed a neutron star binary (PSR 1913+16) to slow down at a rate compatible with the dissipation of energy due to the emission of gravitational waves.



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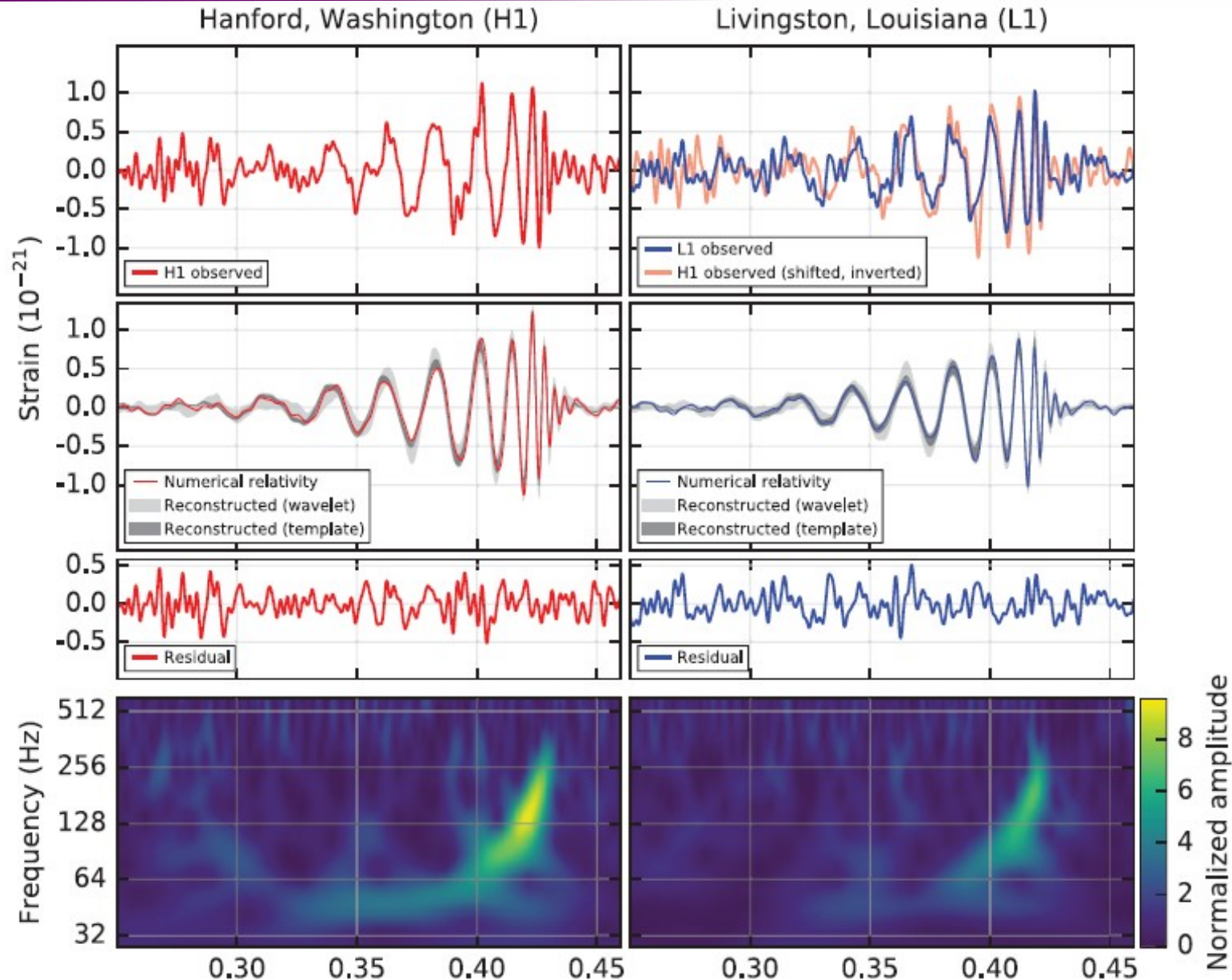


# Neutron star interiors: mass & radius from grav. waves

Gravitational waves first directly detected from a black hole binary

Predict more neutron star binaries than black hole binaries

(Abbott et al. 2016)



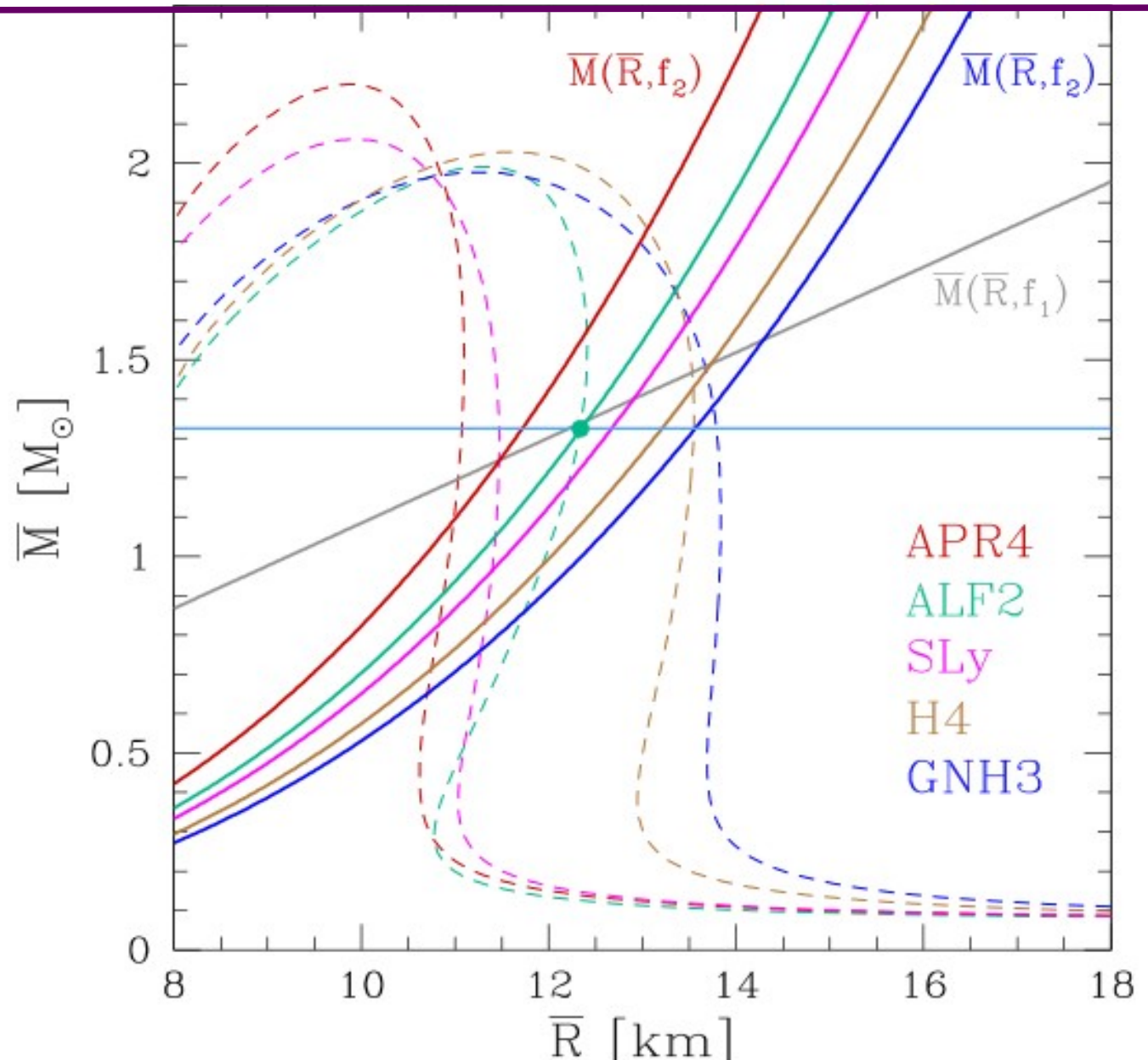
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# Neutron star interiors: mass & radius from grav. waves

Solid curves show constraints possible from gravitational wave detections of double neutron star systems

(Takami, Rezzolla & Baiotti, 2014)



# Summary

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Multi-wavelength/messenger observations of neutron stars allow us to :

- examine phase space of nuclei not accessible elsewhere
  - cold, dense matter
  - possibly also quark-gluon plasmas
- search for exotic matter
- understand the endpoints of stellar evolution
  - constrain the massive star population
  - study highly accelerated particles
- test general relativity

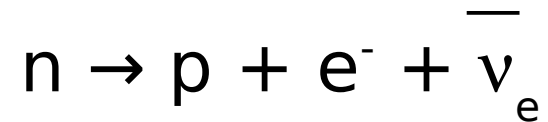
# Extra slides

# Neutron star interiors

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Neutronisation

$\beta$  decay:



At  $\rho \sim 10^7 \text{ g cm}^{-3}$

The reaction accelerates collapse of stellar core by consuming electrons that provided degeneracy pressure

Heavy ions loaded with neutrons are produced

At  $\rho > 3 \cdot 10^{11} \text{ g cm}^{-3}$ : neutron drip (neutron ejection from atomic nucleus)

Nucleonic degeneracy in absence of other phenomena  $\Rightarrow$  matter becomes soup of neutrons, protons & electrons in  $\beta$  equ.

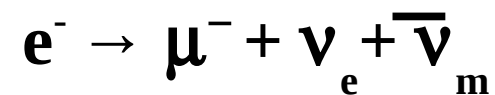
$p = e^{-}$  and in minority w.r.t. neutrons.

# Neutron star interiors

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## The apparition of muons

When  $\rho, \uparrow$  the chemical potential increases, the star can become filled with  $\mu$



Neutrinos escape the star and reduce the energy, again contributing to its further collapse

The muons formed can play the same rôle as the electrons in the general Beta equilibrium.



# Neutron star interiors

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## Hyperonisation

Strong reactions between nucleons (N) provoke the apparition of new particles, such as the hyperon lambda :



If the particle does not undergo a phase change to a condensate (these are bosons), kaons can decay to form leptons & photons

The photons and neutrinos escape the star, which reduces the temperature further, meaning that the internal energy further accelerates the collapse and increases the baryon degeneracy.

# Neutron star interiors

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Finally, the hyperons are trapped in a « Fermi sea ».

They become stable because of the exclusion principle which forbids their decay (« Pauli blocking »).

The conservation of strangeness (zero at outset) is violated because the negative strangeness of kaons is lost (Prakash, Cooke & Lattimer, 1995).

This process continues until the whole star becomes degenerate and no further strong interaction can take place.

# Neutron star interiors

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The phase transition produces a plasma of free quarks

A plasma of free quarks (u d s ) can exist

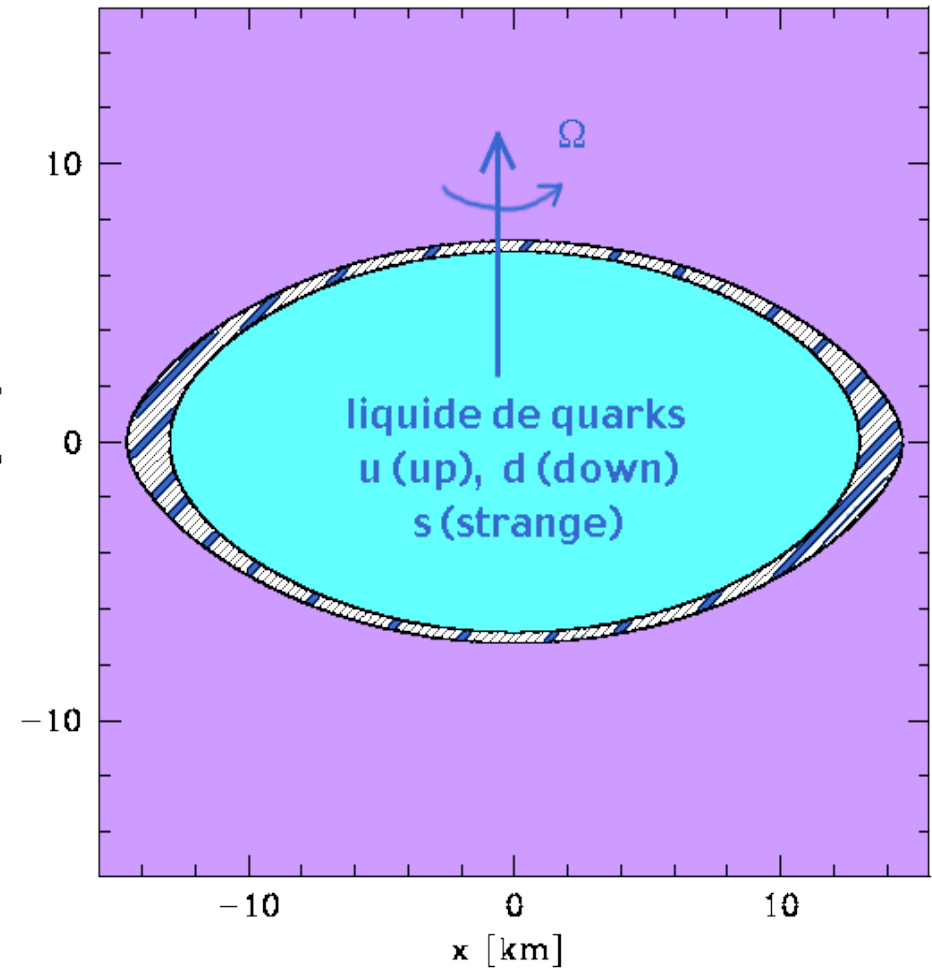
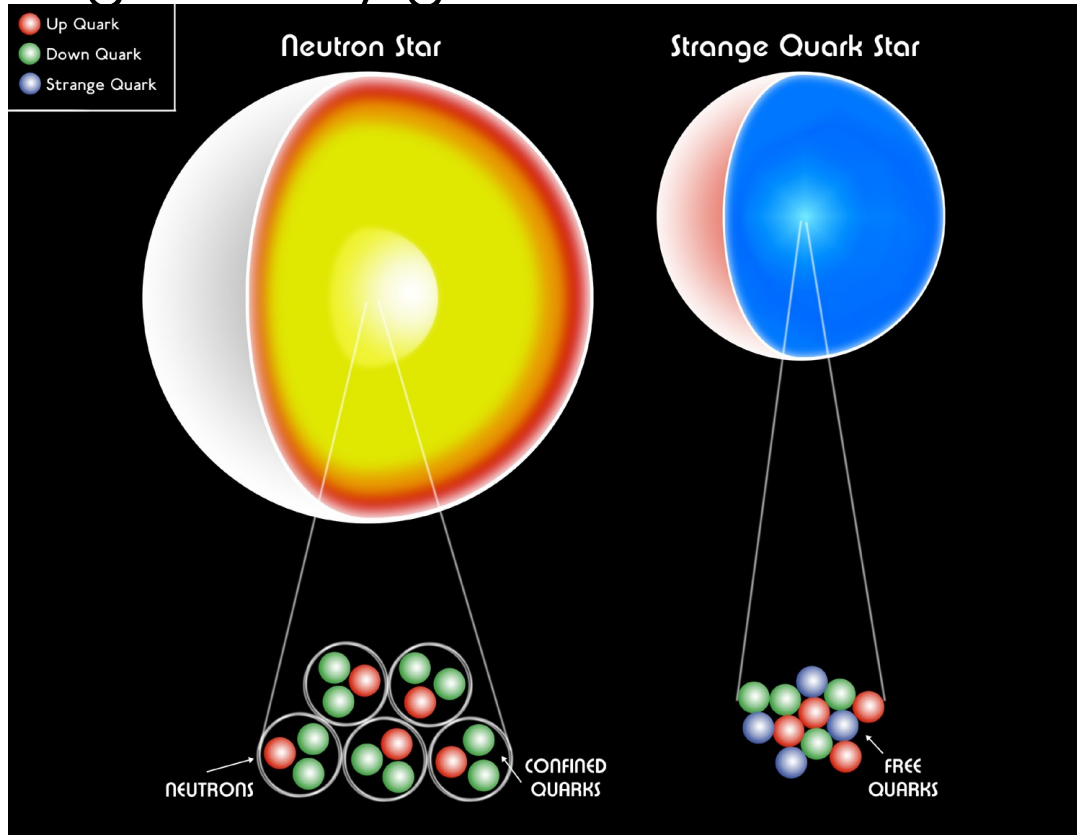
The hypothesis of strange matter stipulates that the matter is in the fundamental state (minimal energy) in extreme compactness, which gives rise to the free quarks.

There is no formal equation of state describing the equation of state of a quark plasma and the transition from confined to free quarks is still unclear.

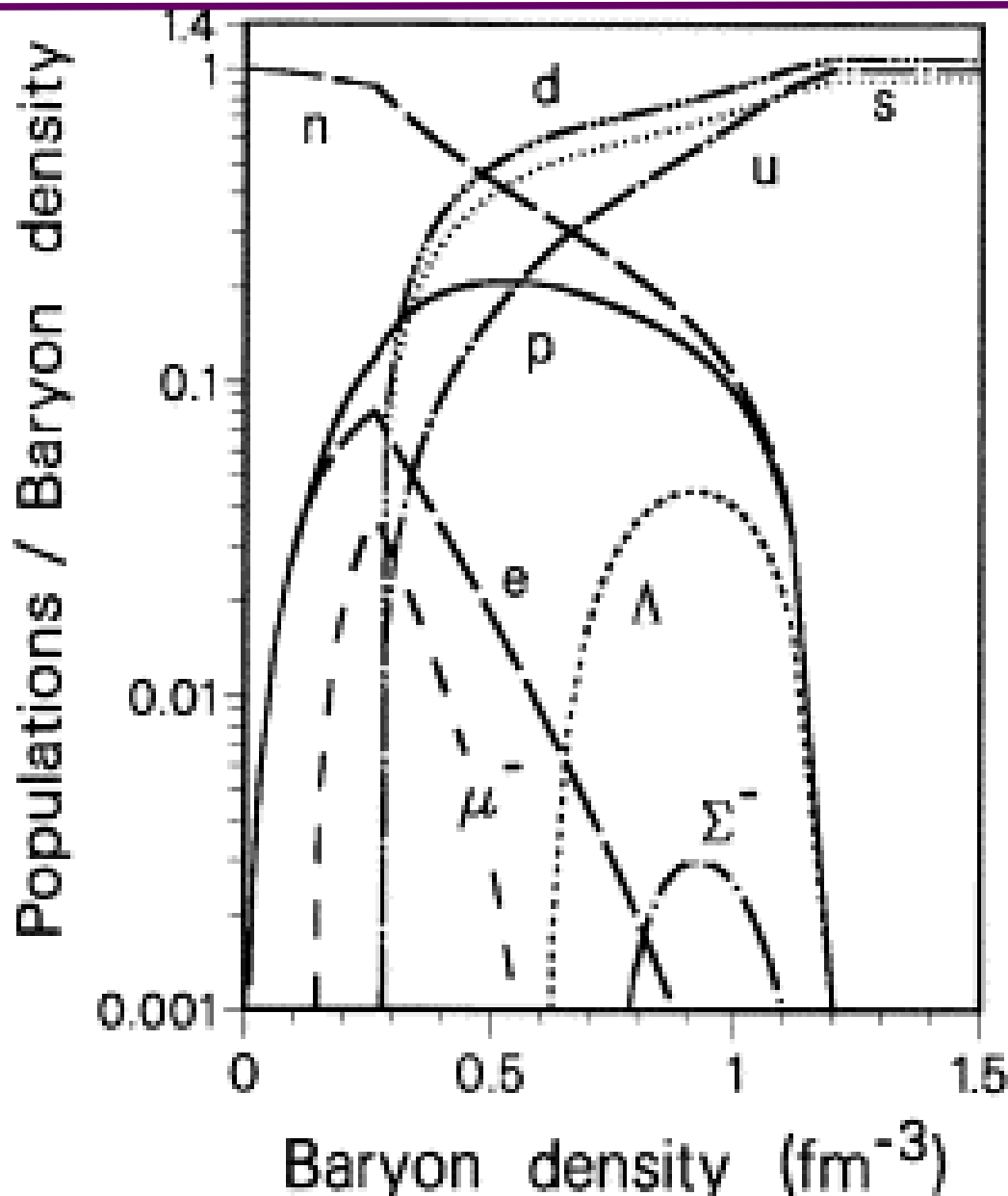
# Neutron star interiors

Radius of quark star  
< radius of neutron star

Quark star held  
together by gluons



# Neutron star interiors

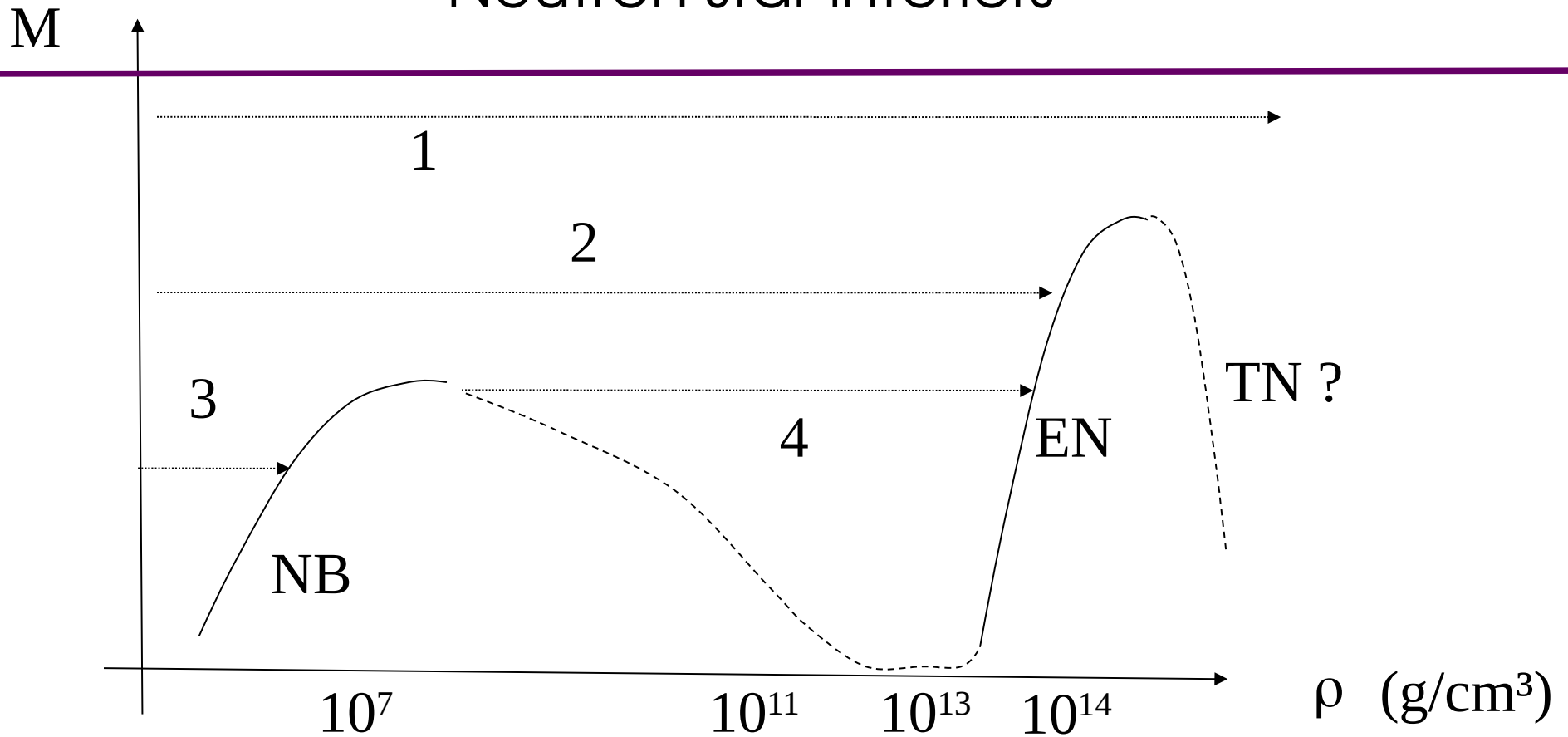


Composition of hyperon-rich hadronic matter with phase transition towards unconfined high density hadrons (quark population : u d and s).

Between 0.3 and 1.2 fm<sup>-3</sup>, a mixed phase appears.

Above this density, only free quarks remain.

# Neutron star interiors



- 1 :  $> 3 M_{\text{sol}}$ , nothing can stop collapse of space-time to a singularity (black hole) even taking into account nuclear repulsion
- 2 : Stellar core stabilises as neutron star.
- 3 : Stellar core stabilises as white dwarf
- 4 : White dwarf accretes to reach the Chandrasekhar mass. Formation of a neutron star.